

INTRODUCING



JONES & BARTLETT LEARNING
NAVIGATE™

Health & Wellness

■ A Complete Online Solution

■ Integrated eBook

■ Engaging Interactive Exercises



Teaching Personal Health Has Never Been Easier

Simple to Use. Stable Platform. Outstanding Customer Service.

Complete Learning, Assignment, and Assessment Solution

USER-FRIENDLY TEACHING TOOLS

- Comprised of 16 lessons, all content is pre-populated in the course shell for immediate use; instructors can also upload custom content.
- Robust grade book enables detailed reporting on students' progress or overall class statistics. It can be configured to add weighted grading, custom scales, or generate statistical item analyses on quiz questions.
- User-friendly control panel lets instructors easily deploy & track online quizzes and homework.
- Includes web hosting and technical support—no need to involve your IT Department!

INTERACTIVE LEARNING

- Fully integrated eBook allows students to access the text anytime, anywhere.
- Exercises such as multiple choice, fill-in-the-blank questions, matching, and drag-and-drop, help assess comprehension. Includes 32 interactive activities!
- Practice quizzes allow students to check their understanding of information presented in the book. Practice quizzes are graded as complete or incomplete.
- Videos from the CDC, ABC News, CNN, CBS News, HBO, and more address topics such as eating disorders, drug abuse, healthy eating and nutrition, lifestyle choices, and exercise.
- Extended response questions at the end of each lesson give students the opportunity to put into practice what they've just read, solidifying their understanding of the material.



Visit go.jblearning.com/navigatehw to learn more.
or Contact Your Account Specialist at 1-800-832-0034.

What's included with Navigate Health & Wellness?



Navigate Health & Wellness

This complete solution includes an integrated eBook and a series of online modules that introduce information and reinforce knowledge through blocks of content.



Health & Wellness, Tenth Edition

Health and Wellness covers the many perspectives of personal health, including physical, emotional, mental, social, environmental, and spiritual perspectives, with a central theme of self-responsibility for one's behavior. The *Tenth Edition* is written in a personal and engaging style with specific tips and aids to help students improve their health habits.

The **For Your Health Study Guide and Self-Assessment Workbook** is available in the back of the book at no additional cost! Perforated pages allow lab activities to be submitted for evaluation and grading.

Simple to Use. Easy to Adopt. Ensures Student Engagement.

Navigate Health & Wellness

BEST VALUE

ISBN-13: 978-1-4496-8384-9

- Print Textbook with built-in For Your Health Study Guide and Self-Assessment Workbook
- Digital Textbook
- Interactive Courseware

\$124.95*

Navigate Health & Wellness Access Code

ISBN-13: 978-1-4496-2944-1

- Interactive Courseware
 - Digital Textbook
- For students using used or rental editions of *Health & Wellness, Tenth Edition*

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