



Special Topics & Specialties

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Course Description

Navigate Respiratory Care: Special Topics & Specialties is one of the 10 online courses in the **Navigate Respiratory Care** curriculum. This course introduces students to topics such as ethical and legal considerations, communication skills, interprofessional education, nutritional support, cardiopulmonary rehabilitation, exercise for the respiratory patient, disaster management, home care, polysomnography, basic life support, ACLS, care of the elderly, end-of-life care, and the future career and evolving role of the respiratory therapist.

Course Content

- NBRC Correlation Matrix
- Course Objectives
- Interactive Lectures with Audio
- Interactive Practice Activities and Quizzes
- Icons to highlight important information—
infection control, safety, caution, legal,
and ethical
- Lesson Case Study
- Lesson Assignment
- Lesson Summary
- Lesson Discussion Questions
- Final Quiz
- Web Links and References

Course Outcome

Navigate Respiratory Care: Special Topics & Specialties covers a variety of topics that students will use throughout his or her career as a respiratory care therapist including emerging and specialty practices.

Course Objectives

1. Describe the foundations of ethical thinking and understand the role the therapist may have in committee participation.
2. Explain the role of nutrition support, assessment, and education in respiratory therapy.
3. Relate cardiopulmonary exercise to the patient's capabilities and to assessments made during exercise.
4. Define pulmonary rehabilitation and the therapist's role in providing and monitoring it.
5. Understand home care and the equipment and procedures needed.
6. Describe polysomnography and normal and disturbed sleep and how abnormalities are treated.
7. Identify the issues related to basic life support and resuscitation techniques.
8. Discuss the transition from basic life support to advanced cardiac life support.
9. Understand the role of the respiratory therapist in disaster management.
10. Describe care of the elderly and conditions and diseases prevalent in this population.
11. Understand ethical concerns of end-of-life care and identify the nature of palliative care.
12. Recognize the importance of communication skills and how to put them into practice.
13. Explain legal issues as they apply to healthcare workers.
14. List credentials available to respiratory therapists and understand the careers and support organizations available to respiratory therapists.
15. Describe the evolving role of the respiratory therapist and the expansion of duties.

Optional Textbooks to Accompany Course

Respiratory Care: Principles and Practice, Second Edition

by Hess, et al.

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