

Appendix *Information Resources*

Academic

www.mayoclinic.com
Mayo Clinic nutrition information

www.navigator.tufts.edu
Tufts University Nutrition Navigator

Aging

www.aoa.gov
Administration on Aging
330 Independence Avenue SW
Washington, DC 20201
(202) 619-7501

www.aarp.org
American Association of Retired Persons (AARP)
601 E Street NW
Washington, DC 20049
(800) 424-3410

www.americangeriatrics.org
American Geriatrics Society
The Empire State Building
350 Fifth Avenue, Suite 801
New York, NY 10118
(212) 308-1414

www.aoa.gov/naic
National Aging Information Center
330 Independence Avenue SW
Washington, DC 20201
(202) 619-7501

www.ncoa.org
National Council on the Aging
1828 L Street NW
Washington, DC 20036

www.nia.nih.gov
National Institute on Aging
Building 31, Room 5C27
31 Center Drive, MSC 2292
Bethesda, MD 20892
(301) 496-1752

www.nof.org
National Osteoporosis Foundation
1232 22nd Street NW
Washington, DC 20037-1292
(202) 223-2226

Alcohol and Drug Abuse

www.al-anon.alateen.org
Al-Anon/Alateen
1600 Corporate Landing Parkway
Virginia Beach, VA 23154-5617
(888) 425-2666; (757) 563-1600

www.aa.org
Alcoholics Anonymous (AA)
General Service Office
Grand Central Station
P.O. Box 459
New York, NY 10163
(212) 870-3400

<http://prevention.samhsa.gov/>
Center for Substance Abuse Prevention
Substance Abuse and Mental Health Services
Administration
1 Choke Cherry Road
Room 8-1054
Rockville, MD 20857
(240) 276-2420; fax: (240) 276-2430

www.wsoinc.com
Narcotics Anonymous (NA)
P.O. Box 9999
Van Nuys, CA 91409
(818) 773-9999; fax: (818) 700-0700

www.health.org
National Clearinghouse for Alcohol and Drug Information
(NCADI)
P.O. Box 2345
Rockville, MD 20847-2345
(800) 729-6686

Alcohol and Drug Abuse (continued)

www.ncadd.org
National Council on Alcoholism and Drug Dependence
(NCADD)
20 Exchange Place
Suite 2902
New York, NY 10005
(800) 622-2255; (212) 269-7797; fax: (212) 269-7510

Canadian Government: Federal

www.agr.gc.ca
Agriculture and Agri-Food Canada
Public Information Request Services
Sir John Carling Building
930 Carling Avenue
Ottawa, ON K1A 0C7
(613) 759-1000; fax: (613) 759-6726

www.hc-sc.gc.ca/food-aliment/ns-sc/e_nutrition.html
Bureau of Nutritional Sciences
Nutrition Research Division
Sir Fredrick G. Banting Research Center
Tunney's Pasture (2203C)
Ottawa, ON K1A 0L2
(613) 957-0919; fax: (613) 941-6182

www.hc-sc.gc.ca/food-aliment/ns-sc/e_nutrition.html
Bureau of Nutritional Sciences
Nutrition Evaluation Division
Sir Fredrick G. Banting Research Center
Tunney's Pasture (2203A)
Ottawa, ON K1A 0L2
(613) 957-0352; fax: (613) 941-6636

www.inspection.gc.ca
Canadian Food Inspection Agency
59 Camelot Drive
Ottawa, ON K1A 0Y9
(800) 442-2342; (613) 225-2342; fax: (613) 228-6653

www.cihi.ca
Canadian Institute for Health Information
377 Dalhousie Street
Suite 200
Ottawa, ON K1N 9N8
(613) 241-7860; fax: (613) 241-8120

www.cpha.ca
Canadian Public Health Association
400-1565 Carling Avenue
Ottawa, ON K1Z 8R1
(613) 725-3769; fax: (613) 725-9826

www.agr.gc.ca/misb/fb-ba/nutra/index_e.php?page=intro
Functional Foods and Nutraceuticals
Food Bureau
597-930 Carling Avenue
Ottawa, ON K1A 0C5

www.hc-sc.gc.ca
Health Canada

www.ccfn.ca
The Canadian Council of Food and Nutrition
3800 Steeles Avenue West, Suite 301A
Woodbridge, ON L4L 4G9
(905) 265-1349

Canadian Government: Provincial and Territorial

Consultant, Nutrition
Health and Wellness Promotion, Population Health,
Department of Health and Social Services, Government
of the Northwest Territories
Center Square Tower, 6th Floor
P.O. Box 1320
Yellowknife, NT X1A 2L9

Coordinator, Health Information
Resource Center
Department of Health and Social Services
1 Rochford Street, Box 2000
Charlottetown, PEI C1A 7N8

Director, Health Promotion
Department of Health, Government of Newfoundland and
Labrador
P.O. Box 8700
Confederation Building, West Block
St. John's, NF A1B 4J6

Director, Nutrition Services
Yukon Hospital Corporation
#5 Hospital Road
Whitehorse, YT Y1A 3H7

Canadian Government: Provincial and Territorial (continued)

Executive Director
Health Programs
2nd Floor 800 Portage Avenue
Winnipeg, MB R3G 0P4

Health Promotion Unit
Population Health Branch
Saskatchewan Health
3475 Albert Street
Regina, SK S4S 6X6

Nutritionist
Preventive Services Branch
Ministry of Health
1520 Blanshard Street
Victoria, BC V8W 3C8

Population Health Strategies Branch
Alberta Health
23rd Floor, TELUS Plaza, North Tower
10025 Jasper Avenue
Edmonton, AB T5J 2N3

Project Manager, Public Health Management Services
Health and Community Services
P.O. Box 5100
520 King Street
Fredericton, NB E3B 5G8

Public Health Nutritionist
Central Health Region
201 Brownlow Avenue, Unit 4
Dartmouth, NS B3B 1W2

Responsables de la santé cardiovasculaire et de la nutrition
Ministère de la Santé et des Services sociaux, Service de la
Prévention en Santé
3e étage, 1075, chemin Sainte-Foy
Québec (Québec) G1S 2M1

Senior Consultant, Nutrition
Public Health Branch
Ministry of Health, 8th Floor
5700 Yonge St.
New York, ON M2M 4K5

Complementary and Alternative Nutrition

<http://nccam.nih.gov/>
National Center for Complementary and Alternative
Medicine, NIH
Bethesda, MD 20892
(888) 644-6226

www.hc-sc.gc.ca/hpb/onhp/
Office of Natural Health Products
171 Slater Street
9th Floor
Ottawa, ON K1P 5H7
(613) 946-1615

Consumer Organizations

www.diabetes.ca
Canadian Diabetes Association
15 Toronto Street
Suite 800
Toronto, ON M5C 2E3
(800) 226-8464; (416) 363-3373

www.cspinet.org
Center for Science in the Public Interest (CSPI)
1875 Connecticut Ave NW, Suite 300
Washington, DC 20009-5728
(202) 332-9110; fax: (202) 265-4954

www.consumersunion.org
Consumers Union
101 Truman Avenue
Yonkers, NY 10703-1057
(914) 378-2000

www.pueblo.gsa.gov
Federal Consumer Information Center
Pueblo, CO 81009
(800) 688-9889; (888) 878-3256

www.ncahf.org
National Council Against Health Fraud, Inc. (NCAHF)
119 Foster Street
Peabody, MA 01960
(978) 532-9383

www.quackwatch.com
Stephen Barrett, MD
P.O. Box 1747
Allentown, PA 18105
(610) 437-1795

Eating Disorders

www.anad.org
National Association of Anorexia Nervosa and Associated
Disorders, Inc. (ANAD)
P.O. Box 7
Highland Park, IL 60035
(847) 831-3438; fax: (847) 433-4632

www.nedic.ca
National Eating Disorder Information Centre
200 Elizabeth Street, CW 1-211
Toronto, Ontario M5G 2C4
(866) 633-4220; (416) 340-4156; fax: (416) 340-4736

www.nationaleatingdisorders.org
National Eating Disorders Association
603 Stewart Street, Suite 803
Seattle, WA 98101
(206) 382-3587

Food Safety

www.foodandfarming.info
The Alliance for Food & Farming
P.O. Box 2747
Watsonville, CA 95077
(831) 786-1666; fax: (831) 786-1668

www.cfsan.fda.gov
FDA Center for Food Safety and Applied Nutrition
5100 Paint Branch Parkway
College Park, MD 20740
(888) 723-3366

www.epa.gov/opptintr/lead/nlic.htm
National Lead Information Center
(800) 424-5323

www.npic.orst.edu/index.html
National Pesticide Information Center
Oregon State University
333 Weniger Hall
Corvallis, OR 97331-6502
(800) 858-7378

Seafood Safety Hotline
(800) 332-4010; (202) 205-4314

U.S. EPA Safe Drinking Water Hotline
(800) 426-4791

www.fsis.usda.gov
USDA Food Safety and Inspection Service
Food Safety Education Office
Room 1180-S
Washington, DC 20250
(202) 720-3333

USDA Meat and Poultry Hotline
(800) 535-4555

Infancy, Childhood, and Adolescence

www.aap.org
American Academy of Pediatrics
141 Northwest Point Boulevard
Elk Grove Village, IL 60007-1098
(847) 434-4000; fax: (847) 434-8000

www.birthdefects.org
Birth Defect Research for Children, Inc.
930 Woodcock Road
Suite 225
Orlando, FL 32803
(407) 895-0802

www.cps.ca
Canadian Paediatric Society
100-2204 Walkley Road
Ottawa, ON K1G 4G8
(613) 526-9397; fax: (613) 526-3332

www.childrensfoundation.net
Children's Foundation
725 Fifteenth Street NW
Suite 505
Washington, DC 20005-2109
(202) 347-3300; fax: (202) 347-3382

www.KidsHealth.org
KidsHealth
The Nemours Foundation

www.ncemch.org
National Center for Education in Maternal & Child Health
2000 15th Street North
Suite 701
Arlington, VA 22201-2617
(703) 524-7802

International Agencies

www.fao.org
 Food and Agriculture Organization of the United Nations
 (FAO)
 Liaison Office for North America
 2175 K Street, Suite 300
 Washington, DC 20437
 (202) 653-2400

www.ific.org
 International Food Information Council Foundation
 1100 Connecticut Avenue NW
 Suite 430
 Washington, DC 20036
 (202) 296-6540

www.unicef.org
 UNICEF
 3 United Nations Plaza
 New York, NY 10017
 (212) 326-7000; fax: (212) 887-7465

www.who.int/home-page
 World Health Organization (WHO)
 Regional Office
 525 23rd Street NW
 Washington, DC 20037
 (202) 974-3000; fax: (202) 974-3663

Pregnancy and Lactation

www.acog.org
 American College of Obstetricians and Gynecologists
 Resource Center
 409 12th Street SW
 Washington, DC 20024-2188
 (202) 638-5577

www.lalecheleague.org
 La Leche League International, Inc.
 1400 N. Meacham Road
 Schaumburg, IL 60173-4048
 (847) 519-7730

www.modimes.org
 March of Dimes Birth Defects Foundation
 1275 Mamaroneck Avenue
 White Plains, NY 10605
 (888) 663-4637

Professional Nutrition Organizations

ADA, The Nutrition Line
 (800) 366-1655

www.eatright.org
 American Dietetic Association (ADA)
 216 West Jackson Boulevard
 Suite 800
 Chicago, IL 60606-6995
 (800) 877-1600; (312) 899-0040

www.ascn.org
 American Society for Clinical Nutrition
 9650 Rockville Pike
 Bethesda, MD 20814-3998
 (301) 530-7110; fax: (301) 634-7350

www.asns.org
 American Society for Nutritional Sciences
 9650 Rockville Pike
 Suite 4500
 Bethesda, MD 20814
 (301) 634-7050; fax: (301) 634-7892

Canadian Dietetic Association
 480 University Avenue
 Suite 601
 Toronto, ON M5G 1V2

Canadian Society for Nutritional Sciences
 Department of Food and Nutrition
 University of Manitoba
 Winnipeg, MB R3T 2N2

www.dietitians.ca
 Dietitians of Canada
 480 University Avenue, Suite 604
 Toronto, ON M5G 1V2
 (416) 596-0857; fax: (416) 596-0603

http://hni.ilsa.org
 ILSI Human Nutrition Institute (HNI)
 One Thomas Circle
 Washington, DC 20005
 (202) 659-0524; fax: (202) 659-3617

www.ift.org
 Institute of Food Technologists
 525 West Van Buren
 Suite 1000
 Chicago, IL 60607
 (312) 782-8424; fax: (312) 782-8348

Professional Nutrition Organizations (continued)

www.nationalacademies.org/nrc
National Academy of Sciences/National Research Council
(NAS/NRC)
2101 Constitution Avenue NW
Washington, DC 20418
(202) 234-2000

www.sne.org
Society for Nutrition Education
9202 North Meridian
Suite 200
Indianapolis, IN 46260
(800) 235-6690

Sports Nutrition

www.acsm.org
American College of Sports Medicine (ACSM)
401 W. Michigan Street
Indianapolis, IN 46202-3233
(317) 637-9200; fax: (317) 634-7817

www.acefitness.org
American Council on Exercise (ACE)
4851 Paramount Drive
San Diego, CA 92123
(800) 825-3636

www.cahperd.ca
Canadian Association for Health, Physical Education,
Recreation, and Dance
403-2197 Riverside Drive
Ottawa, ON K1H 7X3
(613) 523-1348

www.csep.ca
Canadian Society for Exercise Physiology
185 Somerset St. West
Suite 202
Ottawa, ON K2P 0J2
(613) 234-3755; fax: (613) 234-3565

www.fitness.gov
President's Council on Physical Fitness and Sports
Humphrey Building, Room 738
200 Independence Avenue SW
Washington, DC 20201
(202) 690-9000; fax: (202) 690-5211

www.runnersworld.com
Runners World
Rodale, Inc.
Emmaus, PA 18098
(610) 967-8809

Sports Medicine and Science Council of Canada
1600 James Naismith Drive
Suite 306
Gloucester, Ontario K1B 5N4
(613) 748-5671; fax: (613) 748-5729

Sports Safety Board of Quebec
100 Laviolette
Bureau 306
Trois-Riveres, Quebec G9A 5S9
(819) 371-6033

www.scandpg.org
Sports, Cardiovascular and Wellness Nutritionists (SCAN)

www.ideafit.com
The International Association for Fitness Professionals
(IDEA)
6190 Cornerstone Court East # 204
San Diego, CA 92121-3773
(800) 999-4332 ext 7; fax: (858) 535-8234

www.veggie.org/
Veggie Sports Association

Supplements

<http://dietary-supplements.info.nih.gov/databases/ibids.html>
International Bibliographic Information on Dietary
Supplements (IBIDS)

<http://dietary-supplements.info.nih.gov>
Office of Dietary Supplements
National Institutes of Health
Building 31, Room 1B29
31 Center Drive, MSC 2086
Bethesda, MD 20892-2086
(301) 435-2590; fax: (301) 480-1845

Trade and Industry Organizations

www.aibonline.org
American Institute of Baking
1213 Bakers Way
P.O. Box 3999
Manhattan, KS 66505-3999
(800) 633-5137; (785) 537-4750; fax: (785) 537-1493

Trade and Industry Organizations (continued)

www.meatami.org
 American Meat Institute
 1700 North Moore Street
 Suite 1600
 Arlington, VA 22209
 (703) 841-2400; fax: (703) 527-0938

www.beechnut.com
 Beech-Nut Nutrition Corporation
 100 S. 4th Street
 St. Louis, MO 63102
 (800) 233-2468

www.gssiweb.com
 Gatorade Sports Science Institute
 617 West Main Street
 Barrington, IL 60010
 (800) 616-4774

www.generalmills.com/corporate
 General Mills, Inc.
 Number One General Mills Boulevard
 Minneapolis, MN 55426
 (800) 328-6787

www.gerber.com
 Gerber Products Co.
 445 State Street
 Fremont, MI 49413-0001
 (800) 443-7237

www.heinz.com
 H.J. Heinz Company
 World Headquarters
 P.O. Box 57
 Pittsburgh, PA 15230-0057
 (412) 456-5700

www.kelloggs.com
 Kellogg Company
 P.O. Box 3599
 Battle Creek, MI 49016-3599
 (616) 961-2000

www.kraftfoods.com
 Kraft Foods
 Consumer Response and Information Center
 One Kraft Court
 Glenview, IL 60025
 (800) 323-0768

www.nationaldairyCouncil.org
 National Dairy Council
 10255 West Higgins Road
 Suite 900
 Rosemont, IL 60018-5616
 (847) 803-2000

www.pillsbury.com
 Pillsbury Company
 2866 Pillsbury Center
 Minneapolis, MN 55402
 (800) 775-4777

www.pg.com
 Procter & Gamble Company
 One Procter and Gamble Plaza
 Cincinnati, OH 45202
 (513) 983-1100

www.sunkist.com
 Sunkist Growers
 Consumer Affairs, Fresh Fruit Division
 14130 Riverside Drive
 Sherman Oaks, CA 91423
 (800) 248-7875

www.dannon.com
 The Dannon Company
 120 White Plains Road
 Tarrytown, NY 10591-5536
 (877) 326-6668

www.nutrasweet.com
 The NutraSweet Company
 P.O. Box 2986
 Chicago, IL 60654-0986
 (800) 323-5316

www.uffva.org
 United Fresh Fruit and Vegetable Association
 727 North Washington Street
 Alexandria, VA 22314
 (703) 836-3410

www.usarice.com
 USA Rice Federation
 4301 North Fairfax Drive
 Suite 305
 Arlington, VA 22203
 (703) 351-8161

www.cognis.com/veris/verisdefault.htm
 VERIS Online Research Information Service

Weight Management

<http://nutrition.uvm.edu/bodycomp/>
Body Composition Analysis Tutorials

www overeatersanonymous.org
Overeaters Anonymous (OA)
World Service Office
6075 Zenith Court NE
Rio Rancho, NM 87124
(505) 891-2664; fax: (505) 891-4320

www.shapeup.org
Shape Up America!
6707 Democracy Boulevard
Suite 306
Bethesda, MD 20817
(301) 493-5368

www.tops.org
TOPS (Take Off Pounds Sensibly)
4575 South Fifth Street
P.O. Box 07360
Milwaukee, WI 53207-0360
(800) 932-8677; (414) 482-4620

www.niddk.nih.gov/index.htm
Weight-control Information Network
1 WIN Way
Bethesda, MD 20892-3665
(877) 946-4627; (202) 828-1025; fax: (202) 828-1028

www.weightwatchers.com
Weight Watchers International
Consumer Affairs Department/IN
175 Crossways Park West
Woodbury, NY 11797
(516) 390-1400; fax: (516) 390-1632

World Hunger

www.bread.org
Bread for the World
50 F Street, NW
Suite 500
Washington, DC 20001
(800) 822-7323; (202) 639-9400

<http://hunger.tufts.edu>
Center on Hunger, Poverty and Nutrition Policy
Tufts University School of Medicine
11 Curtis Avenue
Medford, MA 02155
(617) 627-6223; fax: (617) 627-3688

www.freefromhunger.org
Freedom from Hunger
1644 DaVinci Court
Davis, CA 95616
(800) 708-2555; fax: (530) 758-6241

www.oxfamamerica.org
Oxfam America
26 West Street
Boston, MA 02111-1206
(800) 776-9326; fax: (617) 728-2594

www.worldwatch.org
Worldwatch Institute
1776 Massachusetts Avenue NW
Suite 800
Washington, DC 20036
(202) 452-1999

U.S. Government

www.nutrition.gov
Online federal government information on nutrition

www.cdc.gov
Centers for Disease Control and Prevention
1600 Clifton Road
Atlanta, GA 30333
(800) 311-3435; (404) 639-3534

FDA Consumer Information Line
(301) 827-4420

FDA Office of Nutritional Products, Labeling and Dietary
Supplements
HFS-800
200 C Street SW
Washington, DC 20204
(202) 205-4561; fax: (202) 205-4594

FDA Office of Plant and Dairy Foods and Beverages
HFS-300
200 C Street SW
Washington, DC 20204
(202) 205-4064; fax: (202) 205-4422

www.ftc.gov
Federal Trade Commission (FTC)
CRC-240
Washington, DC 20580
(877) 382-4357

U.S. Government (continued)

www.fda.gov

Food and Drug Administration (FDA)
Office of Consumer Affairs, HFE 1
Room 16-85
5600 Fishers Lane
Rockville, MD 20857
(888) 463-6332; (301) 443-1544

www.nal.usda.gov/fnic

Food and Nutrition Information Center
National Agricultural Library, Room 105
10301 Baltimore Avenue
Beltsville, MD 20705-2351
(301) 504-5719; fax: (301) 504-6409

www.frac.org

Food Research and Action Center (FRAC)
1875 Connecticut Avenue NW
Suite 540
Washington, DC 20009
(202) 986-2200; fax: (202) 986-2525

www.healthfinder.gov

Gateway for Health and Nutrition Information

www.nidr.nih.gov

National Institute of Dental and Craniofacial Research
(NIDCR)
National Institutes of Health
Bethesda, MD 20892-2190
(301) 496-4261

www.niddk.nih.gov

National Institute of Diabetes & Digestive & Kidney
Diseases
Office of Communications and Public Liaison
NIDDK, NIH
Building 31, Room 9A04 Center Drive, MSC 2560
Bethesda, MD 20892-2560

www.nih.gov/health

National Institutes of Health search engine and free access
to MEDLINE and PubMed databases

www.usda.gov

U.S. Department of Agriculture (USDA)
14th Street SW and Independence Avenue
Washington, DC 20250
(202) 720-2791

www.dhhs.gov

U.S. Department of Health and Human Services
200 Independence Avenue SW
Washington, DC 20201
(877) 696-6775; (202) 619-0257

www.epa.gov

U.S. Environmental Protection Agency (EPA)
1200 Pennsylvania Avenue NW
Washington, DC 20460
(202) 260-2090

www.pueblo.gsa.gov

U.S. General Services Administration
Federal Communication Information Center
Pueblo, CO 81009

www.bookstore.gpo.gov

U.S. Government Online Bookstore
U.S. Government Printing Office
701 N. Capitol Street, NW
Washington, DC 20401
(202) 512-0132; fax: (202) 512-1355

www.usda.gov/cnpp

USDA Center for Nutrition Policy and Promotion
3101 Park Center Drive
Room 1034
Alexandria, VA 22302-1594
(703) 305-7600; fax: (703) 305-3400