

INTRODUCING



# JONES & BARTLETT LEARNING NAVIGATE™ *Nutrition*

■ A Complete Online Solution

■ Engaging Interactive Exercises

■ Integrated eBook



## Teaching Nutrition Has Never Been Easier

Simple to Use. Stable Platform. Outstanding Customer Service.

*Navigate Nutrition* combines proven textbook content with interactive learning tools in an instructor and student friendly online environment. This complete solution includes an integrated eBook and a series of online modules that introduce information and reinforce knowledge through blocks of content. Help students learn nutrition quickly and efficiently in a fun, interactive atmosphere while improving comprehension and retention.

[Click Here to View a Demo!](#)

To learn more visit [go.jblearning.com/navigatenutrition](http://go.jblearning.com/navigatenutrition) or contact your Account Specialist at 1-800-832-0034.



JONES & BARTLETT LEARNING

# NAVIGATE™ Nutrition



## A Complete Learning, Assignment, and Assessment Solution

### USER-FRIENDLY TEACHING TOOLS

- Comprised of 15 lessons, all content is pre-populated in the course shell for immediate use; instructors can also upload custom content.
- Robust grade book enables detailed reporting on students' progress or overall class statistics. It can be configured to add weighted grading, custom scales, or generate statistical item analyses on quiz questions.
- User-friendly control panel lets instructors easily deploy & track online quizzes and homework.
- Includes web hosting and technical support—no need to involve your IT Department!

### INTERACTIVE LEARNING

- Fully integrated eBook allows students to access the text anytime, anywhere.
- Exercises such as multiple choice, fill-in-the-blank questions, matching, and drag-and-drop, help assess comprehension. Includes 33 interactive activities!
- Complicated functions are graphically presented in an interactive, easy-to-understand format. Videos on a variety of related topics help stimulate student learning and show relevance to the real world.
- Practice quizzes allow students to check their understanding of information presented in the book.
- Extended response questions give students the opportunity to put into practice what they've just read, solidifying their understanding of the material.

[Click Here to View a Demo!](#)

# What's included with Navigate Nutrition?



## Navigate Nutrition

This complete solution includes an integrated eBook and a series of online modules that introduce information and reinforce knowledge through blocks of content.



## Nutrition, Fourth Edition + Student Study Guide

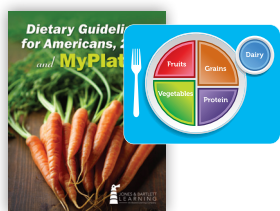
*Nutrition, Fourth Edition* is an accessible introduction to nutritional concepts, guidelines, and functions. It offers a balanced presentation of behavior change and nutrition science and covers topics and issues that concern students. The *Student Study Guide* follows the chapter topics and offers fill-in-the-blank questions and summaries so that students can test themselves on key concepts.



## EatRight Analysis Online, Version 15.0

Developed by ESHA Research, *EatRight Analysis* teaches students about the roles that behavior and personal decision-making play in the way that they eat. Students can:

- Log daily food intake from 20,000 food choices.
- Track energy intake and set weight goals.
- Analyze, print, and email a variety of reports based on your personal food intake and activities.



## Dietary Guidelines for Americans, 2010 and MyPlate Supplement

The *Dietary Guidelines for Americans, 2010* offers a roadmap intended to guide personal choices and help individuals make informed food and activity decisions. *MyPlate* is the USDA's current icon and primary food group symbol to accompany the *Dietary Guidelines for Americans, 2010*. The *MyPlate* icon is designed so that people can see graphically how much room on a plate each of the food groups should occupy.

## Simple to Use. Easy to Adopt. Ensures Student Engagement.

### Navigate Nutrition

ISBN-13: 978-1-4496-7128-0

**BEST VALUE**

- Print and Digital Textbook
- Interactive Courseware
- ESHA Online Dietary Analysis
- Electronic Student Study Guide
- Dietary Guidelines and MyPlate

**\$184.95\***

For students using used or rental editions of *Nutrition, Fourth Edition*:

### Navigate Nutrition Access Code

ISBN-13: 978-1-4496-2930-4 • \$59.95\*

Purchase directly at [go.jblearning.com/navnutritionaccess](http://go.jblearning.com/navnutritionaccess)

### Nutrition, Fourth Edition w/ Diet Analysis<sup>1</sup>

ISBN-13: 978-0-7637-9876-5

- Print Textbook with Access Code for Electronic Student Study Guide
- ESHA Online Dietary Analysis
- Companion Website
- Dietary Guidelines and MyPlate

<sup>1</sup> Does not include course management tools

**\$184.95\***

### Nutrition, Fourth Edition

ISBN-13: 978-0-7637-7663-3

- Print Textbook with Access Code for Electronic Student Study Guide
- Companion Website
- Dietary Guidelines and MyPlate

**\$148.95\***



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