

appendix

Start Time: _____ Date: _____

Stop Time: _____

Candidate's Name: _____

Evaluator's Name: _____

One-Person Adult and Child CPR Steps

No.	Task Steps	Satisfactory	Unsatisfactory
1.	Check responsiveness.		
2.	Check for breathing.		
3.	If unresponsive and not breathing (or agonal gasps), shout for help or have someone activate the code team or EMS system.		
4.	Check carotid pulse (minimum 5 seconds; maximum 10 seconds).		
5.	If breathing is absent, but pulse is present, perform rescue breathing (one breath every 5 to 6 seconds for an adult; one breath every 3 to 5 seconds for a child).		
6.	If breathing and pulse are absent, give 30 chest compressions at a rate of at least 100 per minute.		
7.	Open the airway and give two breaths (1 second each).		
8.	If the patient is a child, activate the code team or the EMS system (if not already done) after five cycles (about 2 minutes) of CPR. Then return to the child and continue CPR.		
9.	Continue cycles of CPR until an AED arrives or the patient starts to move.		
Retest Approved By:		Retest Evaluator:	

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Two-Person Adult and Child CPR Steps

No.	Task Steps	Satisfactory	Unsatisfactory
1.	Check responsiveness.		
2.	Check for breathing.		
3.	If unresponsive and not breathing (or agonal gasps), send someone to activate the code team or EMS system.		
4.	Check carotid pulse (minimum 5 seconds; maximum 10 seconds).		
5.	If breathing is absent, but pulse is present, perform rescue breathing (one breath every 5 to 6 seconds for the adult; one breath every 3 to 5 seconds for the child).		
6.	If breathing and pulse are absent, provider #1 gives 30 chest compressions (adult) or 15 chest compressions (child) at a rate of at least 100 per minute.		
7.	Provider #2 opens the airway and gives two breaths (1 second each) during the brief pause in chest compressions.		
8.	After five cycles (about 2 minutes) of CPR, providers switch roles.		
9.	Continue cycles of CPR until an AED arrives or the patient starts to move.		
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Responsive Adult or Child Airway Obstruction Steps

No.	Task Steps	Satisfactory	Unsatisfactory
1.	Determine if patient is choking by asking, "Are you choking?"		
2.	If patient nods yes and cannot talk, give abdominal thrusts until the obstruction is relieved or the patient becomes unconscious.		
If the patient becomes unconscious:			
1.	Place the patient in a supine position on the ground.		
2.	Shout for help or have someone activate the code team or EMS system.		
3.	Perform chest compressions (30 chest compressions if you are alone; 15 chest compressions if two providers are present and the patient is a child).		
4.	Open the airway and look in the mouth. Remove the foreign body only if you can see it. Do not perform a blind finger sweep.		
5.	Attempt to ventilate. If you are unable to ventilate, reposition the patient's head and reattempt ventilation.		
6.	If both breaths do not produce visible chest rise, continue chest compressions.		
7.	If alone, activate the code team or EMS system (if not already done) after five cycles (about 2 minutes) of CPR. Then return to the patient and resume CPR.		
8.	Continue chest compressions, visualization of the mouth, and attempts to ventilate until the obstruction is relieved or ALS personnel arrive.		
Retest Approved By:		Retest Evaluator:	

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Unresponsive Adult or Child Airway Obstruction Steps

No.	Task Steps	Satisfactory	Unsatisfactory
1.	Check responsiveness.		
2.	Check for breathing.		
3.	If unresponsive and not breathing, shout for help or have someone activate the code team or EMS system.		
4.	Check carotid pulse (minimum 5 seconds; maximum 10 seconds).		
5.	Perform chest compressions (30 chest compressions if you are alone; 15 chest compressions if two providers are present and the patient is a child).		
6.	Open the airway and attempt to ventilate. If the first breath does not produce visible chest rise, reposition the patient's head and reattempt ventilation.		
7.	If both breaths do not produce visible chest rise, continue chest compressions.		
8.	If alone, activate the code team or EMS system (if not already done) after five cycles (about 2 minutes) of CPR. Then return to the patient and resume CPR.		
9.	Continue chest compressions, visualization of the mouth, and attempts to ventilate until the obstruction is relieved or ALS personnel arrive.		
Retest Approved By:		Retest Evaluator:	

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Evaluator's Name: _____

One-Person Infant CPR Steps

No.	Task Steps	Satisfactory	Unsatisfactory
1.	Check responsiveness.		
2.	Check for breathing.		
3.	If unresponsive and not breathing (or agonal gasps), shout for help or have someone activate the code team or EMS system.		
4.	Check brachial pulse (minimum 5 seconds; maximum 10 seconds).		
5.	If breathing is absent, but pulse is present, perform rescue breathing (one breath every 3 to 5 seconds).		
6.	If breathing and pulse are absent (or pulse is less than 60 beats per minute with poor perfusion), give 30 chest compressions at a rate of at least 100 per minute.		
7.	Open the airway and give two breaths (1 second each).		
8.	After five cycles (about 2 minutes) of CPR, activate the code team or EMS system (if not already done). Then return to the infant and resume CPR.		
9.	Continue cycles of CPR until an AED arrives or the patient starts to move.		
Retest Approved By:		Retest Evaluator:	

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Two-Person Infant CPR Steps

No.	Task Steps	Satisfactory	Unsatisfactory
1.	Check responsiveness.		
2.	Check for breathing.		
3.	If unresponsive and not breathing (or agonal gasps), send someone to activate the code team or EMS system.		
4.	Check brachial pulse (minimum 5 seconds; maximum 10 seconds).		
5.	If breathing is absent, but pulse is present, perform rescue breathing (one breath every 3 to 5 seconds).		
6.	If breathing and pulse are absent (or pulse is less than 60 beats per minute with poor perfusion), provider #1 gives 15 chest compressions at a rate of at least 100 per minute.		
7.	Provider #2 opens the airway and gives two breaths (1 second each) during the brief pause in chest compressions.		
8.	After five cycles (about 2 minutes) of CPR, providers switch roles.		
9.	Continue cycles of CPR until an AED arrives or the patient starts to move.		
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Responsive Infant Airway Obstruction Steps

No.	Task Steps	Satisfactory	Unsatisfactory
1.	Determine if infant is choking. Check for inability to breathe, cough, or cry.		
2.	Give up to five back slaps and five chest thrusts.		
3.	Repeat back slaps and chest thrusts until the obstruction is relieved or the patient becomes unconscious.		
If patient becomes unconscious:			
1.	Position infant on a firm, flat surface.		
2.	Shout for help or have someone activate the code team or EMS system.		
3.	Perform chest compressions (30 chest compressions if you are alone; 15 chest compressions if two providers are present).		
4.	Open the airway and look in the mouth. Remove the foreign body only if you can see it. Do not perform a blind finger sweep.		
5.	Attempt to ventilate. If you are unable to ventilate, reposition the patient's head and reattempt ventilation.		
6.	If both breaths do not produce visible chest rise, continue chest compressions.		
7.	If alone, activate the code team or EMS system (if not already done) after five cycles (about 2 minutes) of CPR. Then return to the patient and resume CPR.		
8.	Continue chest compressions, visualization of the mouth, and attempts to ventilate until the obstruction is relieved or ALS personnel arrive.		
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Unresponsive Infant Airway Obstruction Steps

No.	Task Steps	Satisfactory	Unsatisfactory
1.	Check responsiveness.		
2.	Check for breathing.		
3.	If unresponsive and not breathing, shout for help or have someone activate the code team or EMS system.		
4.	Check brachial pulse (minimum 5 seconds; maximum 10 seconds).		
5.	Perform chest compressions (30 chest compressions if you are alone; 15 chest compressions if two providers are present).		
6.	Open the airway and attempt to ventilate. If the first breath does not produce visible chest rise, reposition the patient's head and reattempt ventilation.		
7.	If both breaths do not produce visible chest rise, continue chest compressions.		
8.	If alone, activate the code team or EMS system (if not already done) after five cycles (about 2 minutes) of CPR. Then return to the patient and resume CPR.		
9.	Continue chest compressions, visualization of the mouth, and attempts to ventilate until the obstruction is relieved or ALS personnel arrive.		
Retest Approved By:		Retest Evaluator:	

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Automated External Defibrillator Steps

No.	Task Steps	Satisfactory	Unsatisfactory
1.	Check responsiveness.		
2.	Check for breathing.		
3.	If unresponsive and not breathing (or agonal gasps), shout for help or have someone activate the code team or EMS system.		
4.	Check for a carotid (adult or child) or brachial (infant) pulse (minimum 5 seconds; maximum 10 seconds).		
5.	Perform chest compressions (30 chest compressions if you are alone; 15 chest compressions if two providers are present and the patient is an infant or a child).		
6.	Open the airway and give two breaths (1 second each).		
7.	Activate the code team or EMS system (if not already done).		
8.	Continue CPR until the AED is available.		
Defibrillation:			
1.	Turn on AED.		
2.	Ensure clean/dry skin surface.		
3.	Apply pads to patient's bare chest. Do not interrupt CPR to do this.		
4.	Attach electrodes to AED.		
5.	Clear patient.		
6.	Initiate analyze mode.		
If shock is indicated:			
1.	Clear patient.		
2.	Deliver one shock.		
3.	Immediately resume CPR, starting with chest compressions.		
4.	Reanalyze after five cycles (about 2 minutes) of CPR.		
5.	Continue 2-minute cycles of CPR, rhythm analysis, and one shock (if indicated) until ALS personnel arrive or the patient starts to move.		

(continued)

Automated External Defibrillator (Continued)

No.	Task Steps	Satisfactory	Unsatisfactory
If no shock is indicated:			
1.	Immediately resume CPR, starting with chest compressions.		
2.	Reanalyze after five cycles (about 2 minutes) of CPR.		
3.	Continue 2-minute cycles of CPR, rhythm analysis, and one shock (if indicated) until ALS personnel arrive or the patient starts to move.		
Retest Approved By:		Retest Evaluator:	

Evaluator Comments: _____
