



Community Nutrition: Planning Health Promotion and Disease Prevention

Third Edition

Transition Guide

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ISBN-13: 9781284108323

Paperback with Navigate 2 Advantage Access

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NEW AND KEY TO THIS EDITION

- **NEW** – Includes Navigate 2 Advantage Access complete with interactive eBook, student practice activities and assessments, learning analytics reporting tools, and more
- **NEW** – Reflects the latest research, guidelines, and policy developments in community and public health nutrition
- **KEY** – Features *Successful Community Strategies* boxes that discuss recent effective intervention programs and provide examples of research-based best practices
- **KEY** – Includes *Case Studies* that provide students with the opportunity to apply what they have learned in each chapter
- **KEY** – Incorporates *Think About It* questions that emphasize active learning
- **NEW** – Updated 2-color design, adding a new dimension to the text's readability that serves to better highlight key features

The *Third Edition* has been thoroughly updated to reflect the latest research in the fields of community and public health nutrition. Highlights include the following:

Chapter 1

- Presents *Healthy People 2020* focus areas
- Updates content relating to the Healthy People Progress Report

- Incorporates the most recent Millennium Development Goals Progress Report

Chapter 2

- Incorporates an introduction to program planning
- Adds emphasis on using a collaborative approach for conducting a needs assessment
- Discusses steps for identifying target populations

Chapter 3

- Incorporates discussion of community audits and “ground truthing”
- Includes general rules for writing survey questions, including nine steps for the development of a questionnaire
- Features a new “Successful Community Strategies” box focused on a NHANES study describing perceptions of child weight status among American children

Chapter 4

- Features revised table presenting the different costs of USDA food plans
- Includes updated statistics on poverty food insecurity in the United States
- Incorporates updated DHHS poverty guidelines

Chapter 5

- Includes new section discussing Caucasian American food patterns, nutrition practices, and health-related issues

Chapter 6

- Includes new information about the ability of RDNs to order diets in hospitals
- Incorporates discussion of the 2014 Farm Bill, whose initiatives contribute to improving the nations’ health

Chapter 7

- Features updated statistics regarding urbanization and maternal mortality rates in the developing world, as well as HIV/AIDS prevalence in women and children
- Updated discussion of global rehydration projects
- Features a new “Successful Community Strategies” box focused on efforts to fight malnutrition in Senegal and Madagascar

Chapter 8

- Documents the Healthy People 2020 Maternal and Infant Health Objectives

Chapter 9

- Documents the Healthy People 2020 Objectives Related to Children and Adolescents
- Includes updated annual eligibility guidelines for federal child nutrition programs, as well as current basic cash reimbursement rates for school lunches
- Features the Healthy Eating Index components and standards for scoring

Chapter 10

- Incorporates updated statistics for chronic health conditions
- Documents Healthy People 2020 Objectives for Adults
- Includes discussion of the World Heart Federation’s nine anti-obesity initiatives

- Features a new “Successful Community Strategies” box focused on a Healthy Heart Program conducted in New York

Chapter 11

- Includes updated longevity statistics
- Features a new “Successful Community Strategies” box focused on the Eat Better and Move More program

Chapter 12

- Describes the “A to E” method of writing objectives, also noting words to use and avoid when writing objectives

Chapter 13

- Features an additional example of a nutrition program utilizing the Social Learning Theory
- Includes an enhanced discussion of how behavioral models can provide positive nutrition messages

Chapter 16

- Incorporates updated communication guidelines for educational interactions

Chapter 18

- Includes updated statistics regarding healthcare coverage, Social Security spending, and Medicare spending