



Nutrition in Public Health

Fourth Edition

Transition Guide

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New to this Edition

Nutrition in Public Health, Fourth Edition maintains the cutting-edge relevance of previous editions while implementing several enhancements:

- **Reorganized Table of Contents.** The Table of Contents has been completely reorganized for this edition in an effort to streamline the content and to better reflect the way many instructors teach public health nutrition. This has involved rearranging, combining, and separating chapters as necessary; a comparison of the two editions is included later in this document.
- **Thoroughly revised and in-depth content.** Each chapter has been updated and enhanced to give the reader a vast supply of background information and a full understanding of public health nutrition. In addition, new and expanded topics have been added to the *Fourth Edition* to reflect current public health issues. These include:
 - Updated *Dietary Guidelines for Americans*, MyPlate, Healthy People, and other nutrition indexes
 - Updated federal nutrition policies and services
 - Updated approaches to disease prevention and new disease statistics, including, current U.S. statistics and census information
 - Newly added grant writing procedures
 - New, comprehensive end-of-text Glossary
- **Added Case Studies.** Case Studies are now found at the end of each chapter, reinforcing key concepts by presenting real-life examples. A comprehensive case study that utilize concepts

found across the span of the text is also found in Appendix C. An Answer Key for all Case Study questions is available for qualified instructors.

Table of Contents Comparison

<i>Third Edition Table of Contents (©2011)</i>	<i>Fourth Edition Table of Contents (©2018)</i>
Chapter 1: Nutritional Epidemiology: An Introduction	Chapter 2: Nutritional Epidemiology: An Introduction
Chapter 2: Applying Nutrition Science to the Public's Health	Chapter 1: Applying Nutrition Science to the Public's Health
Chapter 3: Community Needs Assessment	Chapter 5: Community Needs Assessment
Chapter 4: Reaching Out to Those at Highest Nutritional Risk	Chapter 7: Serving Those at Highest Nutritional Risk
Chapter 5: Addressing Overweight in Children: A Public Health Perspective	Chapter 9: Growing a Healthier Nation: Maternal, Infant, Child, and Adolescent Nutrition with an Emphasis on Childhood Overweight
Chapter 6: Intervening to Change the Public's Eating Behavior	Chapter 8: Intervening to Change the Public's Eating Behavior
Chapter 7: Creating Public Policy	Chapter 3: Creating Public Policy and Advocating for Nutrition Policies
Chapter 8: Advocating and Influencing Health and Nutrition Policies	Chapter 3: Creating Public Policy and Advocating for Nutrition Policies
Chapter 9: Role of the United States Department of Agriculture in Public Health Nutrition	Chapter 4: Role of Federal Agencies in Public Health Nutrition
Chapter 10: Growing a Healthier Nation: Maternal, Infant, Child, and Adolescent Nutrition	Chapter 9: Growing a Healthier Nation: Maternal, Infant, Child, and Adolescent Nutrition with an Emphasis on Childhood Overweight
Chapter 11: Importance of Public Health Nutrition Programs in Preventing Disease and Promoting Adult Health	Chapter 10: Importance of Public Health Nutrition Programs in Preventing Disease and Promoting Adult Health
Chapter 12: Assuring Nutrition Services for Older Adults	Chapter 11: Promoting Older Adult Nutrition
Chapter 13: Providing Nutrition Services in Public Health	Chapter 12: Providing Nutrition Services in Public Health Primary Care
Chapter 14: The Baby Boomers: Identification of Wellness Needs	Chapter 11: Promoting Older Adult Nutrition
Chapter 15: Maintaining Nutrition and Food Service Standards in Group Care	Material has been incorporated throughout the text
Chapter 16: Safeguarding the Food Supply	Chapter 14: Safeguarding and Securing the Food Supply

Chapter 17: Food Security and Adequate Food Access for the Public	Chapter 13: Food Security and Adequate Food Access for the Public
Chapter 18: Security of the Food Supply and Bioterrorism Preparedness	Chapter 14: Safeguarding and Securing the Food Supply
Chapter 19: Planning and Evaluating Nutrition Services for the Community	Chapter 6: Planning and Evaluating Nutrition Services for the Community
Chapter 20: Managing Data	Chapter 15: Grantwriting in Public Health Nutrition
Chapter 21: Managing Money	Chapter 15: Grantwriting in Public Health Nutrition
Chapter 22: Staffing Public Health Nutrition Programs and Services	Chapter 16: Staffing, Managing, and Leading Public Health Nutrition Personnel
Chapter 23: Managing Public Health Nutrition Personnel	Chapter 16: Staffing, Managing, and Leading Public Health Nutrition Personnel
Chapter 24: Leveraging Nutrition Education through the Public Health Team	Chapter 17: Leveraging Nutrition Education through the Public Health Team
Chapter 25: Networking for Nutrition	Chapter 18: Networking and Earning Administrative Support
Chapter 26: Marketing Nutrition Programs and Services	Chapter 19: Marketing Nutrition Programs and Services
Chapter 27: Earning Administrative Support	Chapter 18: Networking and Earning Administrative Support
Chapter 28: Striving for Excellence and Envisioning the Future	Chapter 20: Striving for Excellence and Envisioning the Future