

Gerontological Nursing: Competencies for Care

Featured Presenter: Kristen L. Mauk, PhD, DNP, RN, RN, CRRN,
GCNS-BC, GNP-BC, ACHPN, FAAN



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About the Author

**Kristen L. Mauk, PhD, DNP, RN, RN, CRRN,
GCNS-BC, GNP-BC, ACHPN, FAAN**

- PhD Wayne State, DNP Valparaiso University
- MS in Adult Health Purdue University
- BSN Valparaiso University
- Certified as CNS and NP in gero
- APN hospice and palliative care
- Certified in rehabilitation nursing
- Current editor of Rehabilitation Nursing Journal



Background on the Text

- Based on AACN/Hartford competencies for BSN programs
- Aimed to prepare students to provide excellent care for older adults
- Combines gerontology issues and gero nursing
- The competition lacked practical frameworks



Background (cont'd)

- Written to fill the need for a BSN level text that combined gerontology and gerontological nursing
- Organizing the text and supplemental materials around the competencies promotes better prepared students
- Focuses on the most essential information, yet comprehensive



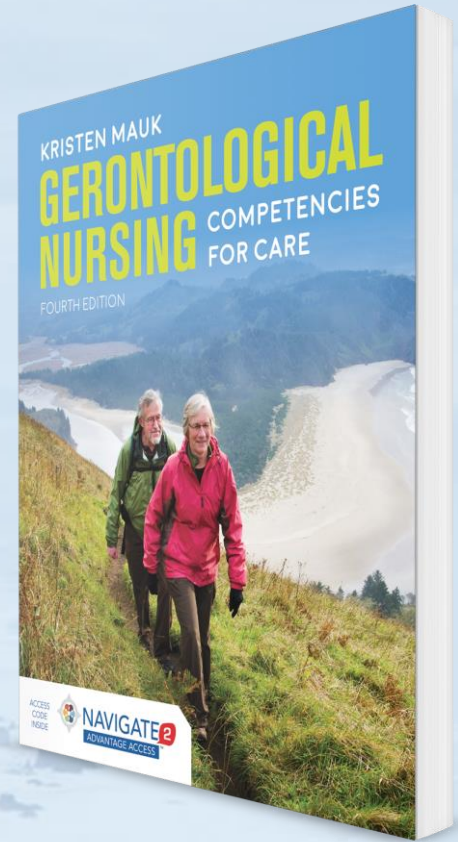
How is this Text Unique?

- 50 chapter authors
- Interdisciplinary and nurse experts
- Entire unit on geriatric syndromes
- Reviewers from all areas and locations
- The framework is unique
- Using text and resources makes a complete course curriculum



Benefits to Students

- User-friendly
- Essential information
- Interprofessional
- Interactive student resources
- Logical arrangement of the text
- Soft cover
- Visually pleasing



Overview of Text

Unit I Foundations

Unit II Communication and Assessment

Unit III Health Promotion, Risk Reduction, and Disease Prevention

Unit IV Illness and Disease Management

Unit V Management of Geriatric Syndromes



Overview of Text (cont'd)

Unit VI Leadership and Responsibility

Unit VII Gerontological Care Issues



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Key Features



Learning objectives

Key terms

Tables

Boxes

Key concept highlighted in text

Original diagrams

Original drawings and photographs

Case studies with questions

Clinical tips

Research highlights

EBP boxes

Clinical reasoning exercises

Personal reflection exercises

Resource lists

References (including websites)

Glossary of key terms



Instructor Resources

- Presentations in PowerPoint format
- Sample Syllabi
- Instructor's Manual with suggestions for class and clinical
- Test Bank with over 300 items



Student Materials

- Interactive glossary
- Interactive flashcards
- Crossword puzzles
- Learning objectives
- Case studies
- Clinical reasoning exercises
- Personal reflections



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Why Students Like this Text

- User-friendly
- Comprehensive
- Good resource
- Competency-based
- Colorful and comprehensive



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Why Instructors Like this Text

- Competency based
- Colorful and comprehensive
- Instructor materials and test bank
- Practical, evidence-based content



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“I really like that there are complete chapters on communication and teaching; many geriatric books do not address the topics to that degree. I also like the way the book is separated by topic areas.”

“One of my favorite things about Mauk's book is how it is organized around the competencies. It is a very comprehensive book.”



New to this Edition

- Communication and teaching
- Disaster preparedness
- Care transitions, systems models and health policy
- Updated content on elder abuse, pain, CAM
- Emphasis on health aging, management of geriatric syndromes



Also in this Edition

- New authors to refresh content
- Content is streamlined and no eChapters
- Kept strong chapters on aging of systems, sleep, polypharmacy, leadership, teaching, end of life, culture and spirituality, sexuality
- Clinical Tips feature



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Tips for Teaching



- Be creative
- Structure activities that promote positive view of aging and older adults
- Consider service learning projects, health fairs, teaching at senior centers
- Give students a positive experience with older adults
- Build on past positive experiences



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