Gerontological Nursing: Competencies for Care

Featured Presenter: Kristen L. Mauk, PhD, DNP, RN, RN, CRRN, GCNS-BC, GNP-BC, ACHPN, FAAN

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About the Author

Kristen L. Mauk, PhD, DNP, RN, RN, CRRN, GCNS-BC, GNP-BC, ACHPN, FAAN

- PhD Wayne State, DNP Valparaiso University
- MS in Adult Health Purdue University
- BSN Valparaiso University
- Certified as CNS and NP in gero
- APN hospice and palliative care
- Certified in rehabilitation nursing
- Current editor of Rehabilitation Nursing Journal
Background on the Text

• Based on AACN/Hartford competencies for BSN programs

• Aimed to prepare students to provide excellent care for older adults

• Combines gerontology issues and gero nursing

• The competition lacked practical frameworks
Background (cont’d)

• Written to fill the need for a BSN level text that combined gerontology and gerontological nursing

• Organizing the text and supplemental materials around the competencies promotes better prepared students

• Focuses on the most essential information, yet comprehensive
How is this Text Unique?

- 50 chapter authors
- Interdisciplinary and nurse experts
- Entire unit on geriatric syndromes
- Reviewers from all areas and locations
- The framework is unique
- Using text and resources makes a complete course curriculum
Benefits to Students

- User-friendly
- Essential information
- Interprofessional
- Interactive student resources
- Logical arrangement of the text
- Soft cover
- Visually pleasing
Overview of Text

Unit I  Foundations
Unit II  Communication and Assessment
Unit III  Health Promotion, Risk Reduction, and Disease Prevention
Unit IV  Illness and Disease Management
Unit V  Management of Geriatric Syndromes
Overview of Text (cont’d)

Unit VI  Leadership and Responsibility

Unit VII  Gerontological Care Issues
Key Features

Learning objectives
Key terms
Tables
Boxes
Key concept highlighted in text
Original diagrams
Original drawings and photographs
Case studies with questions
Clinical tips
Research highlights
EBP boxes
Clinical reasoning exercises
Personal reflection exercises
Resource lists
References (including websites)
Glossary of key terms
Instructor Resources

• Presentations in PowerPoint format

• Sample Syllabi

• Instructor’s Manual with suggestions for class and clinical

• Test Bank with over 300 items
Student Materials

• Interactive glossary
• Interactive flashcards
• Crossword puzzles
• Learning objectives
• Case studies
• Clinical reasoning exercises
• Personal reflections
Why Students Like this Text

• User-friendly
• Comprehensive
• Good resource
• Competency-based
• Colorful and comprehensive
Why Instructors Like this Text

• Competency based
• Colorful and comprehensive
• Instructor materials and test bank
• Practical, evidence-based content

“I really like that there are complete chapters on communication and teaching; many geriatric books do not address the topics to that degree. I also like the way the book is separated by topic areas.”

“One of my favorite things about Mauk's book is how it is organized around the competencies. It is a very comprehensive book.”
New to this Edition

• Communication and teaching
• Disaster preparedness
• Care transitions, systems models and health policy
• Updated content on elder abuse, pain, CAM
• Emphasis on health aging, management of geriatric syndromes
Also in this Edition

• New authors to refresh content
• Content is streamlined and no eChapters
• Kept strong chapters on aging of systems, sleep, polypharmacy, leadership, teaching, end of life, culture and spirituality, sexuality
• Clinical Tips feature
Tips for Teaching

• Be creative
• Structure activities that promote positive view of aging and older adults
• Consider service learning projects, health fairs, teaching at senior centers
• Give students a positive experience with older adults
• Build on past positive experiences
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Schedule a call or Skype meeting with your class and the author! Contact me at:
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