The Seventh Edition of Stanfield’s Introduction to Health Professions is dedicated to the authors of previous editions, Y.H. Hui and Peggy S. Stanfield, and to all students and practitioners in the health professions.

-Nanna Cross

To my husband Patrick for his support in the development of this textbook.

-Dana C. McWay
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Careers in the healthcare field are growing more rapidly than other careers because of longevity and advanced technology that has increased the number of elderly needing health care. Within health care there is a career for nearly everyone—from entry-level positions as a home health aide that require no prior training to being employed as a physician that requires 7 to 8 years of college plus an internship to enter a career.

This text is designed so that the instructor can select individual chapters for a course. Most college texts are organized to be followed from the beginning of the book through the last chapter. By contrast, instructors using this text can select only certain chapters based on the course objectives since each chapter is written to be understandable and comprehensive as a standalone. Key terms unique to health care are defined in the glossary at the end of the text and are listed at the beginning of each chapter so students can refer to the glossary as needed.

WHAT ARE THE LATEST TRENDS IN THIS MARKET?

The trend is to require a master’s degree or above for entry-level professional degrees such as occupational therapy and physical therapy, and an associate's degree for support personnel in the same field. Physical therapy and occupational therapy assistants trained at the associate's level are being used to support the work of professionals because of the lower cost for their services.

Information technology is changing the way health care is delivered as well as the way consumers manage their health. Electronic health records that are accessible by professionals regardless of physical location are cost effective and improve the quality and safety of health care. Many patients now have access to lab values and other text results through a patient portal within the electronic health record. Technology also makes it possible for patients to do more self-monitoring and to communicate results back to their physician, nurse, or caseworker. For example, blood glucose and blood pressure can be monitored by the patient and the results transmitted to the health care provider.

Nanna Cross, PhD, RDN, LDN
Dana C. McWay, JD, RHIA, FAHIMA
Now in full-color, the seventh edition of an *Introduction to Health Professions* provides comprehensive coverage of all the major health professions. This product is designed for students who are interested in pursuing a health-related career but are still exploring and have not yet decided on a specific career. The *Seventh Edition* outlines more than 75 careers and touches on every major facet of the field, including a description of the profession and typical work settings; educational, licensure, and certification requirements; salary and growth projections; and Internet resources on educational programs and state requirements for licensure and/or certification. In addition, this resource provides a thorough review of the U.S. healthcare delivery system, managed care, healthcare financing, reimbursement, insurance coverage, Medicare, Medicaid, and the impact of new technology on healthcare services. Information on career preparation and development are also included. All chapters are updated to reflect current demographics and new policies.

**HOW IS THIS BOOK ORGANIZED?**
The new edition of this text has been reorganized into five sections

- **Part I—The Healthcare System in the United States.** This section provides an overview of the healthcare system in the United States, with separate chapters on categories of health services, financing health care, the impact of aging on demands for healthcare providers, health care reform, and medical and information technology.

- **NEW! Part II—Jobs and Careers.** This section focuses on career planning and career development.

- **NEW! Parts III through V** contain chapters on individual careers that are organized so that students will be able to quickly identify a particular career of interest. Each chapter is organized to follow the same general format, making it easy for students to explore many different health careers. Each chapter follows the same format with a description of the profession and typical work setting; educational, licensure and certification requirements; salary and growth projections; and Internet resources on educational programs and requirements for licensure and/or certification. For example, in the chapter on dentistry, the career is described based on the education and training requirements from most education—dentist—to least education—dental assistant. For each career within the dentistry profession, the student has access to the usual responsibilities, work setting, salary, and expected demand for that career. Each chapter lists Internet resources to explore educational programs as well as state requirements for licensure and certification options for advancing in the profession.

- **Part III—Healthcare Practitioners and Technicians.** This section is the core of the product and contains 20 chapters directed at health careers that involve direct patient contact and care, ranging from diagnosis to treatment to education and counseling and medical or surgical interventions.

- **Part IV—Healthcare Support Personnel.** This section contains five chapters directed at health careers that support or supplement other health professionals in providing ongoing care for patients—medical and nursing assistants, personal, home, and psychiatric aides; medical information technology; and massage and recreation therapy.

- **Part V—Health-Related Professions.** This section focuses on health-related professionals who usually do not have direct contact with human patients but often have an impact on human health—veterinary medicine and occupational health and environmental sciences.
Nanna Cross, PhD, RDN, LDN has worked as a faculty member in dietetic and physician education programs teaching clinical nutrition courses and supervising dietetic interns in clinical practicums. Dr. Cross worked as a clinical dietitian at the University of Missouri Hospitals and Clinics and as a consulting dietitian for Home Care, Hospice, Head Start and Long-Term Care facilities.

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NEW FEATURES

Professional Profiles

**Name:** Amanda, RN, ADN  
**Job Titles:** Charge Nurse, Enrolled for BSN

**Interviews with Professionals**

Including Frequently Asked Question/Answer section.

**LEARNING PORTFOLIO**

**Study Points**

1. Career development stretches beyond what is needed usually to enter into a healthcare profession.
2. Training for healthcare workers begins in educational requirements of one's profession.
3. Healthcare professionals also have the accountability of maintaining the public's trust.
4. Caregivers are a common occurrence virtually every healthcare discipline.
5. Healthcare professionals also have credibility and maintain the public's trust.
6. More healthcare professionals are becoming graduates.
7. Major factors in professional misconduct.
8. Professionalism in different parts of career development.

**Issues for Discussion**

1. What challenges have you demonstrated professionalism in your career?
2. Q: How have you demonstrated professionalism in your career?
3. What challenges you about your profession?
4. Have you demonstrated professionalism in your career?
5. Q: What challenges you about your profession?
6. What challenges you about your profession?
7. What challenges you about your profession?
8. What challenges you about your profession?

**Enrichment Activities**

1. Safety of healthcare professionals is an important function of the job. Research the literature for the reasons that are considered vital for health professionals to maintain the public's trust.
2. Professionalism is an important function in the practice of the healthcare discipline.
3. Professionalism is a critical feature in ensuring patient safety.
4. Professionalism is an essential feature in maintaining the public's trust.

**References**


**Learning Portfolio**

At the end of each chapter, this review section includes: Study Points, Issues for Discussion, and Enrichment Activities.

All sections are thoroughly updated to reflect current training requirements, responsibilities, and salaries, as established in the Occupational Outlook Handbook 2016-2017 Edition.
New Careers
Includes nine new careers!
- Podiatrist (Chapter 9)
- Orthotics and Prosthetics (Chapter 17)
- Exercise Physiologist (Chapter 19)
- Substance Abuse and Behavioral Disorders Counselor (Chapter 20)
- Genetic Counselor (Chapter 22)
- Community Health Worker (Chapter 23)
- Board-Certified Behavior Analyst (Chapter 23)
- Phlebotomist (Chapter 29)
- Massage Therapist (Chapter 30)

THE LEARNING AND TEACHING PACKAGE

The Learning Package for the Student
Students can review the Learning Portfolios at the end of each chapter. For the first eight chapters of the text, the Learning Portfolio includes Study Points, a brief summary of the chapter content. All chapters also include Issues for Discussion and Enrichment Activities designed to be used by the student for self-study and exploration.

The Teaching Package for the Instructor
Teacher resources include the Learning Portfolios at the end of each chapter, which are designed to be used by both the student and instructor. In addition, the following items are part of the Instructor’s Teaching Package:
- Test Bank for each chapter
- PowerPoint slides for each chapter
- Instructor’s Manual with the following components:
  - Chapter Overview
  - Lesson Objectives
  - Resources
  - Suggested Lecture Outline
  - Discussion Questions
  - Suggested Learning Activities
  - Homework

Bloom’s Taxonomy
The Learning Package for the student and the Teaching Package for the instructor are designed to incorporate Bloom’s levels of learning from the lowest level of knowledge to the highest level of evaluation. The learning and teaching packages that accompany the text encourage going beyond the content of the text. The text is expected to be a starting point.
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