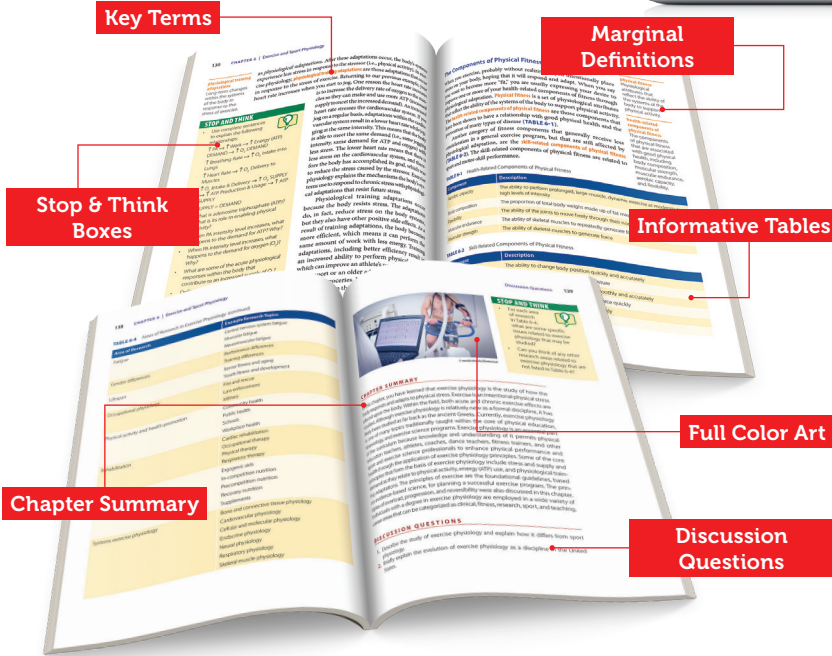
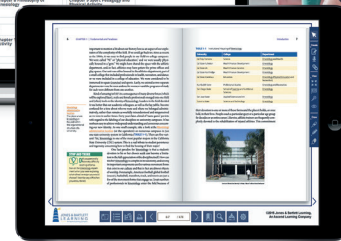
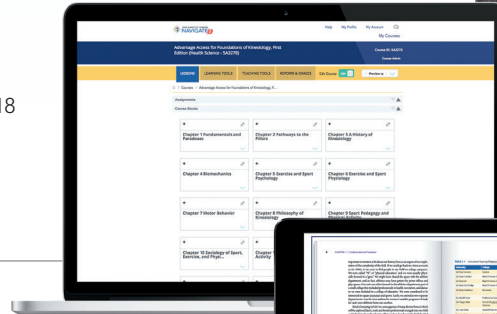
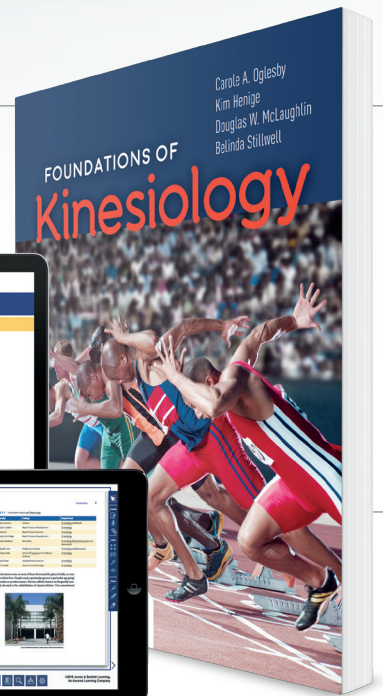


Why You Should Adopt

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The Student Experience

Foundations of Kinesiology provides a guided introduction to the discipline and professions of kinesiology using a holistic, learner-centered, and skill-based approach. The text highlights the core subdisciplines of kinesiology and allows students to explore the research and physical activity contributions that each has to offer. The text also considers how the discipline is crucial in enabling healthy lives by illustrating real-life scenarios across several chapters.

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1

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(see reverse side)

2

Incorporates a three core approaches to learning: holistic, learner-centered, and skill-based.
(throughout the text)

3

Stop and Think boxes provide questions to help students better grasp the importance of certain topics.
(see page 129)

4

Learning Objectives and **Key Terms** open each chapter and clearly outline important content found throughout the chapter
(see page 155)

5

Case Studies in Part III detail real-world scenarios that tie into key chapter concepts
(see page 304)

Course Materials

Learning Tools

- Interactive eBook
- Lecture Outlines
- Image Bank
- Flashcards
- Practice Activities

Teaching Tools (available with Course ID)

- Chapter Outlines
- Lecture Slides in PowerPoint Format
- Midterm and Final Exam
- Instructor's Manual
 - Discussion Questions
 - Stop & Think Questions
 - Activities
- Hassle-free Gradebook
- Course Management Tools

eBook Resources

Chapter	Title	Knowledge Check Questions	eBook Quiz Questions
1	Fundamentals and Paradoxes	6	10
2	Pathways to the Pillars	10	10
3	A History of Kinesiology	10	10
4	Biomechanics	12	10
5	Exercise and Sport Psychology	14	10
6	Exercise and Sport Physiology	14	10
7	Motor Behavior	10	10
8	Philosophy of Kinesiology	18	10
9	Sport Pedagogy and Physical Activity	14	10
10	Sociology of Sport, Exercise, and Physical Activity	10	10
11	Adapted Physical Activity	10	10
12	Sport Management	12	10
13	Healthy Living	2	10
14	Restoring Function	4	10
15	Discovering Possibilities	2	10
16	Diversity: Sport as Welcoming Space	14	10
17	Promoting Excellence	18	10
18	Inclusive Physical Education for Children with Autism Spectrum Disorder	16	10
19	Kinesiology and the Public's Health: Collaboration Imperatives	16	10
Total		202	190

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