

Physical Education, Exercise and Sport Science in a Changing Society, Eighth Edition

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Transition Guide

What's New to the 8th Edition!

A heavily revised overview of the field clarifies how it developed and the current status of programs, showing the continued dominance of exercise and sport science/physical education-focused programs, with hard data on the popularity of each branch of the field, including kinesiology. The subdisciplines are clarified, showing the difference between the critical components of kinesiology and those of the broader field of exercise and sport science/physical education. Because the focus of the field is fractured, the term “our field” is used to represent the broad (yet common) nature of the different focal interests. All parts of the textbook have new material, references and readings that are current to the summer of 2013.

Specific Chapter Updates:

Chapter 1

- Heavily reorganized to give a clear overview of the state of the field today.
- Includes new data on the different academic focuses of departments around the country.
- Clarifies the difference in emphases of physical education programs, exercise and sport science programs, and kinesiology programs.

Chapter 2

- Reorganized to present the subdisciplines of kinesiology, as distinctive from exercise and sport science/physical education programs.
- Reflects new data on the dominance of the exercise and sport science/physical education preference over kinesiology in most programs.
- Clarifies the distinction between the traditional focus of the exercise and sport science/physical education side of the field and the newer kinesiology focus on health science.

Chapter 3

- History chapter is updated with the latest research and readings.

Chapter 4

- History chapter is updated with the latest research and readings.

Chapter 5

- History chapter is updated with the latest research and readings.

Chapter 6

- History chapter is updated with the latest research and readings.
- New material on eugenics examines the racist undertones in early sport and physical education.

Chapter 7

- History chapter is updated with the latest research and readings.

- New material on eugenics examines the racist undertones in early sport and physical education.

Chapter 8

- Philosophy chapter is updated with the latest research and readings.

Chapter 9

- Ethics chapter is updated with the latest research and readings.
- New examples of ethics issues include the Jerry Sandusky case at Penn State, the Lance Armstrong/Tour de France doping case, and several cases of rape by high school football players.

Chapter 10

- Careers overview chapter is updated with the latest research and readings.

Chapter 11

- Traditional careers overview chapter is updated with the latest research and readings.

Chapter 12

- Sport, exercise science, and kinesiology careers overview chapter is updated with the latest research and readings.

Chapter 13

- International exercise and sport science/physical education chapter is updated with the latest research and readings.

Chapter 14

- Current issues chapter is updated with the latest research and readings.
- New examples have been added to illustrate the issues.

Chapter 15

- Future trends chapter is updated with the latest research and readings.
- New examples have been added to illustrate the trends.

All Chapters

- New references and readings in all chapters reflect all major journals and book publications to the summer of 2013.