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## Skill Drill 2-1 Handwashing

<b>Task:</b> Wash hands properly.					
<b>Performance Observations:</b> The candidate shall be able to correctly wash his or her hands.					
<b>Candidate Directive:</b> "Properly wash hands."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Apply soap to hands. Rub hands together to work up a lather. Rinse both hands using warm water.				
2.	Dry with a paper towel.				
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## Skill Drill 2-2 Proper Glove Removal Technique

<b>Task:</b> Remove gloves.					
<b>Performance Observations:</b> The candidate shall be able to demonstrate the proper glove removal technique.					
<b>Candidate Directive:</b> "Properly remove gloves."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Partially remove the first glove by pinching at the wrist. Be careful to touch only the outside of the glove.				
2.	Remove the second glove by pinching the exterior with the partially gloved hand.				
3.	Pull the second glove inside-out toward the fingertips.				
4.	Grasp both gloves with your free hand touching only the clean, interior surfaces.				
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## Skill Drill 2-3 Managing a Potential Exposure Situation

<b>Task:</b> Manage potential exposure situations.					
<b>Performance Observations:</b> The candidate shall be able to demonstrate how to manage a potential exposure situation.					
<b>Candidate Directive:</b> "Manage a situation where there is a potential for exposure."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	En route to the scene, make sure that PPE is out and available.				
2.	On arrival, make sure the scene is safe to enter, then perform a rapid scan of the patient, noting whether any blood or body fluids are present. Select the proper PPE according to the tasks you are likely to perform. Typically gloves will be used for all patient contacts.				
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### Skill Drill 8-1 Spiking the Bag

<b>Task:</b> Spike a bag with the administration set.					
<b>Performance Observations:</b> The candidate shall be able to correctly spike a bag with the administration set.					
<b>Candidate Directive:</b> "Properly spike a bag with the administration set."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Pull on the protective covering on the end of the IV bag to remove it.				
2.	Move the roller clamp to the off position and slide the spike into the IV bag port until it is seated against the bag.				
3.	Squeeze the drip chamber to fill to the line marking the chamber and then run fluid into the line to flush the air out of the tubing.				
4.	Twist the protective cover on the opposite end of the IV tubing to allow air to escape. Do not remove this cover yet. Let the fluid flow until air bubbles are removed from the line before turning the roller clamp wheel to stop the flow.				
5.	Check the drip chamber; it should be only half filled. If the fluid level is too low, squeeze the chamber until it fills; if the chamber is too full, invert the bag and the chamber and squeeze the chamber to empty the fluid back into the bag. Hang the bag in an appropriate location.				
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## Skill Drill 8-2 Obtaining Vascular Access

<b>Task:</b> Perform IV therapy.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform IV therapy.					
<b>Candidate Directive:</b> "Properly perform IV therapy."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Choose the appropriate fluid, examine for clarity and expiration date, and ensure that it is the right fluid. Choose the appropriate drip set and attach it to the fluid. Fill the drip chamber by squeezing it.				
2.	Flush or "bleed" the tubing to remove any air bubbles by opening the roller clamp.				
3.	Tear tape prior to venipuncture or have a commercial device available.				
4.	Apply gloves prior to contact with patient. Palpate a suitable vein.				
5.	Apply the constricting band above the intended IV site.				
6.	Clean the area using an aseptic technique. Use an alcohol pad to cleanse in a circular motion from the inside out. Use a second alcohol pad to wipe straight down the center.				
7.	Choose the appropriate sized catheter and examine it for any imperfections.				
8.	Insert the catheter at approximately 45° with the bevel up while applying distal traction with the other hand.				
9.	Observe for "flashback" as blood enters the catheter.				
10.	Occlude the catheter to prevent blood leaking while removing the stylet.				
11.	Immediately dispose of all sharps in the proper container.				
12.	Attach the prepared IV line.				
13.	Remove the constricting band.				
14.	Open the IV line to ensure fluid is flowing and the line is patent. Observe for any swelling or infiltration around the IV site.				
15.	Secure the catheter with tape or a commercial device.				
16.	Secure IV tubing and adjust the flow rate while monitoring the patient.				
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## Skill Drill 8-3 Drawing Medication From an Ampule

<b>Task:</b> Draw medication from an ampule.					
<b>Performance Observations:</b> The candidate shall be able to correctly draw medication from an ampule.					
<b>Candidate Directive:</b> "Properly draw medication from an ampule."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Check the medication to be sure that the expiration date has not passed and that it is the correct drug and concentration. Gently thump or tap the stem of the ampule to shake medication down into the base.				
2.	Grip the neck of the ampule using a 4" x 4" gauze pad and snap the neck off.				
3.	Without touching the outer sides of the ampule, insert the needle into the medication in the ampule, and draw the solution in the syringe.				
4.	Holding the syringe with the needle pointing up, gently tap the barrel to loosen air trapped inside.				
5.	Gently press on the plunger to dispel any air bubbles, and if not using a needleless system, recap the needle using the one-handed method.				
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## Skill Drill 8-5 Administering Medication Via the Subcutaneous Route

<b>Task:</b> Administer a medication via the subcutaneous route.					
<b>Performance Observations:</b> The candidate shall be able to correctly administer a medication via the subcutaneous route.					
<b>Candidate Directive:</b> "Properly administer a medication via the subcutaneous route."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Check the medication to be sure that it is the correct one, that it is not discolored, and that the expiration date has not passed.				
2.	Assemble and check the equipment. Draw up the correct dose of medication.				
3.	Using aseptic technique, cleanse the injection area.				
4.	Pinch the skin surrounding the area, and insert the needle at a 45° angle. Pull back on the plunger to aspirate for blood. If there is no blood, inject the medication, remove the needle, and hold pressure over the area.				
5.	To disperse the medication, rub the area in a circular motion. Monitor the patient's condition.				
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## Skill Drill 8-6 Administering Medication Via the Intramuscular Route

<b>Task:</b> Administer an IM injection.					
<b>Performance Observations:</b> The candidate shall be able to correctly administer an IM injection.					
<b>Candidate Directive:</b> "Properly administer an IM injection."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Check the medication to be sure it is the correct one, that it is not discolored, and that its expiration date has not passed. Assemble and check the equipment. Draw up the correct dose of medication.				
2.	Using aseptic technique, cleanse the injection area.				
3.	Stretch the skin over the area, and insert the needle at a 90° angle. Pull back on the plunger to aspirate for blood. If there is no blood, inject the medication and remove the needle.				
4.	To disperse the medication, rub the area in a circular motion. Monitor the patient's condition.				
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### Skill Drill 8-7 Administering Medication Via the Sublingual Route

<b>Task:</b> Administer a sublingual medication.					
<b>Performance Observations:</b> The candidate shall be able to correctly administer a sublingual medication.					
<b>Candidate Directive:</b> "Properly administer a sublingual medication."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Check the medication for drug type and its expiration date, and determine the appropriate dose. Have the patient rinse his or her mouth with a little water if the mucous membranes are dry.				
2.	Explain the procedure and ask the patient to lift his or her tongue. Place the tablet or spray the dose underneath the tongue or have the patient do so. Advise the patient not to chew or swallow the tablet, but to let it dissolve slowly. Monitor the patient and document the medication given, the route, administration time, and the patient's response.				
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## Skill Drill 8-8 Administering Medication Via the IV Bolus Route

<b>Task:</b> Administer a medication via the IV bolus route.					
<b>Performance Observations:</b> The candidate shall be able to correctly administer a medication via the IV bolus route.					
<b>Candidate Directive:</b> "Properly administer a medication via the IV bolus route."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Check that the medication is correct, ensure that it is not cloudy or discolored, and check the expiration date. Determine the appropriate dose. Explain the procedure to the patient. Assemble and check the equipment. Cleanse the injection port, or remove the protective cap if using the needleless system.				
2.	Insert the needle into the port, and pinch off the IV tubing proximal to the administration port. Administer the correct dose at the appropriate rate.				
3.	Unclamp the IV line to flush the medication into the vein, allowing it to run briefly wide open, or flush with a 20-mL bolus of normal saline. Readjust the IV flow rate to the original setting, and monitor the patient's condition.				
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## Skill Drill 9-1 Performing a Rapid Scan

<b>Task:</b> Perform a rapid scan.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform a rapid scan.					
<b>Candidate Directive:</b> "Properly perform a rapid scan."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Assess the head. Have your partner maintain in-line stabilization if trauma is suspected.				
2.	Assess the neck.				
3.	Apply a cervical spinal immobilization device on trauma patients.				
4.	Assess the chest. Listen to breath sounds on both sides of the chest.				
5.	Assess the abdomen.				
6.	Assess the pelvis. If there is no pain, gently compress the pelvis downward and inward to look for tenderness and instability.				
7.	Assess all four extremities. Assess pulse and the motor and sensory function.				
8.	Assess the back. In trauma patients, roll the patient in one motion.				
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## Skill Drill 9-2 Performing the Full-Body Scan

<b>Task:</b> Perform the full-body scan.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform the full-body scan.					
<b>Candidate Directive:</b> "Properly perform the full-body scan."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Observe the face.				
2.	Inspect the area around the eyes and eyelids.				
3.	Examine the eyes for redness and contact lenses. Check pupil function.				
4.	Look behind the ears for Battle's sign.				
5.	Check the ears for drainage or blood.				
6.	Observe and palpate the head.				
7.	Palpate the zygomas.				
8.	Palpate the maxillae.				
9.	Check the nose for blood and drainage.				
10.	Palpate the mandible.				
11.	Assess the mouth and nose.				
12.	Check for unusual breath odors.				
13.	Inspect the neck. Observe for jugular vein distention and/or tracheal deviation.				
14.	Palpate the front and back of the neck.				
15.	Inspect the chest, and observe breathing motion.				
16.	Gently palpate over the ribs.				
17.	Listen to anterior breath sounds (midaxillary, midclavicular).				
18.	Listen to posterior breath sounds (bases, apices).				
19.	Observe and then palpate the abdomen and pelvis.				
20.	Gently compress the pelvis from the sides.				
21.	Gently press the iliac crests.				
22.	Inspect the extremities; assess distal circulation and motor and sensory function.				
23.	Log roll the patient, and inspect the back.				
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## Skill Drill 9-3 Obtaining Blood Pressure by Auscultation

<b>Evaluator Instructions:</b> Obtain blood pressure by auscultation.					
<b>Performance Observations:</b> The candidate shall be able to correctly obtain blood pressure by auscultation.					
<b>Candidate Directive:</b> "Properly obtain blood pressure by auscultation."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Follow standard precautions. Check for ports, central lines, mastectomy, dialysis fistula, and injury to the arm. If any are present, use the other arm. Apply the cuff snugly. The lower border of the cuff should be about 1" above the antecubital space.				
2.	Support the exposed arm at the level of the heart. Palpate the brachial artery.				
3.	Place the stethoscope over the brachial artery, and grasp the ball-pump and turn-valve.				
4.	Close the valve, and pump to 30 mm Hg above the point at which you stop hearing pulse sounds. Note the systolic and diastolic pressures as you let air escape slowly.				
5.	Open the valve, and quickly release remaining air.				
Retest Approved By: _____			Retest Evaluation: _____		

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### Skill Drill 10-1 Performing Pulse Oximetry

<b>Task:</b> Perform pulse oximetry.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform pulse oximetry.					
<b>Candidate Directive:</b> "Properly perform pulse oximetry."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Clean the patient's finger, and place the index or middle finger into the pulse oximeter probe. Turn on the pulse oximeter, and note the LED reading of the SpO <sub>2</sub> .				
2.	Palpate the radial pulse to ensure that it correlates with the LED display on the pulse oximeter.				
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### Skill Drill 10-3 Head Tilt–Chin Lift Maneuver

<b>Task:</b> Perform the head tilt–chin lift maneuver.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform the head tilt–chin lift maneuver.					
<b>Candidate Directive:</b> “Properly perform the head tilt–chin lift maneuver.”					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Position yourself at the side of the patient.				
2.	Place your hand closest to the patient’s head on the forehead.				
3.	With your other hand, place two fingers on the underside of the patient’s chin.				
4.	Simultaneously apply backward and downward pressure to the patient’s forehead and lift the jaw straight up. Do not compress the soft tissue under the chin.				
Retest Approved By: _____			Retest Evaluation: _____		

Evaluator Comments: \_\_\_\_\_ Candidate Comments: \_\_\_\_\_


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Candidate: \_\_\_\_\_ Date: \_\_\_\_\_

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## Skill Drill 10-4 Jaw-Thrust Maneuver

<b>Task:</b> Perform the jaw-thrust maneuver.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform the jaw-thrust maneuver.					
<b>Candidate Directive:</b> "Properly perform the jaw-thrust maneuver."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	While kneeling above the patient’s head, place your fingers behind the angles of the lower jaw, and forcefully move the jaw upward. Use your thumbs to help position the lower jaw.				
2.	The completed maneuver should look like this.				
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## Skill Drill 10-5 Tongue-Jaw Lift Maneuver

<b>Task:</b> Perform the tongue-jaw lift maneuver.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform the tongue-jaw lift maneuver.					
<b>Candidate Directive:</b> "Properly perform the tongue-jaw lift maneuver."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Position yourself at the patient's side.				
2.	Place the hand closest to the patient's head on the forehead.				
3.	With your other hand, reach into the patient's mouth and hook your first knuckle under the incisors or gum line. While holding the patient's head and maintaining the hand on the forehead, lift the jaw straight up.				
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## Skill Drill 10-6 Placing a Patient in the Recovery Position

<b>Task:</b> Place a patient in the recovery position.					
<b>Performance Observations:</b> The candidate shall be able to correctly place a patient in the recovery position.					
<b>Candidate Directive:</b> "Properly place a patient in the recovery position."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Roll the patient onto the side so that the head, shoulders, and torso move at the same time without twisting.				
2.	Place the patient's extended left arm and right hand under his or her cheek.				
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### Skill Drill 10-8 Inserting an Oral Airway With a 90° Rotation

<b>Task:</b> Insert an oral airway with a 90° rotation.					
<b>Performance Observations:</b> The candidate shall be able to correctly insert an oral airway with a 90° rotation.					
<b>Candidate Directive:</b> "Properly insert an oral airway with a 90° rotation."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Depress the tongue with a tongue blade so the tongue remains forward.				
2.	Insert the oral airway sideways from the corner of the mouth, until the flange reaches the teeth.				
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## Skill Drill 10-9 Inserting a Nasal Airway

<b>Task:</b> Insert a nasal airway.					
<b>Performance Observations:</b> The candidate shall be able to correctly insert a nasal airway.					
<b>Candidate Directive:</b> "Properly insert a nasal airway."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Size the airway by measuring the distance from the tip of the nose to the patient's earlobe. Coat the tip with a water-soluble lubricant.				
2.	Insert the lubricated airway into the larger nostril with the curvature following the floor of the nose. If using the right naris, the bevel should face the septum. If using the left naris, insert the airway with the tip of the airway pointing upward, which will allow the bevel to face the septum.				
3.	Gently advance the airway. If using the left naris, insert the nasopharyngeal airway until resistance is met. Then rotate the nasopharyngeal airway 180° into position. This rotation is not required if using the right naris.				
4.	Continue until the flange rests against the skin. If you feel any resistance or obstruction, remove the airway and insert it into the other nostril.				
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## Skill Drill 10-10 Suctioning a Patient's Airway

<b>Task:</b> Suction a patient's airway.					
<b>Performance Observations:</b> The candidate shall be able to correctly suction a patient's airway.					
<b>Candidate Directive:</b> "Properly suction a patient's airway."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Make sure the suctioning unit is properly assembled, and turn on the suction unit.				
2.	Measure the catheter from the corner of the mouth to the earlobe or angle of the jaw.				
3.	Open the patient's mouth, and insert the catheter to the depth measured without using force.				
4.	Apply suction in a circular motion as you withdraw the catheter. Do not suction an adult for more than 15 seconds.				
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## Skill Drill 10-11 Placing an Oxygen Cylinder Into Service

<b>Task:</b> Place an oxygen cylinder into service.					
<b>Performance Observations:</b> The candidate shall be able to correctly place an oxygen cylinder into service.					
<b>Candidate Directive:</b> "Properly place an oxygen cylinder into service."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Using an oxygen wrench, turn the valve counterclockwise to "crack" the cylinder.				
2.	Attach the regulator/flowmeter to the valve stem using the two pin-indexing holes, and make sure that the washer is in place over the larger hole.				
3.	Align the regulator so that the pins fit snugly into the correct holes on the valve stem and hand tighten the regulator.				
4.	Attach the oxygen connective tubing to the flowmeter.				
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## Skill Drill 10-13 Using CPAP

<b>Task:</b> Use the CPAP.					
<b>Performance Observations:</b> The candidate shall be able to correctly use the CPAP.					
<b>Candidate Directive:</b> "Properly use the CPAP."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Connect the circuit to the CPAP generator.				
2.	Connect the face mask to the circuit tubing.				
3.	Confirm that the device is on before you apply it to the patient's face. Place the mask over the patient's mouth and nose, or allow the patient to hold it to his or her mouth and nose.				
4.	Use the strapping mechanism to secure the CPAP to the patient's head. Make sure there is a tight seal.				
5.	Adjust the PEEP valve and the F <sub>IO2</sub> accordingly to maintain adequate oxygenation and ventilation. Reassess the patient.				
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## Skill Drill 10-14 Insertion of the Combitube

<b>Task:</b> Insert a Combitube.					
<b>Performance Observations:</b> The candidate shall be able to correctly insert a Combitube.					
<b>Candidate Directive:</b> "Properly insert a Combitube."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Take standard precautions (gloves and face shield).				
2.	Preoxygenate the patient whenever possible with a bag-mask device and 100% oxygen.				
3.	Gather your equipment.				
4.	Place the patient's head in the neutral position.				
5.	Open the patient's mouth with the tongue-jaw lift maneuver, and insert the Combitube in the midline of the patient's mouth. Insert the tube until the incisors or alveolar ridge lie between the two reference marks.				
6.	Inflate the pharyngeal cuff with 100 mL of air.				
7.	Inflate the distal cuff with 10 to 15 mL of air.				
8.	Ventilate the patient through the longest tube (pharyngeal) first. Chest rise indicates esophageal placement of the distal tip (continue to ventilate).				
9.	No chest rise indicates tracheal placement (switch ports and ventilate).				
10.	Confirm placement by listening for breath sounds over the lungs and for gastric sounds over the abdomen.				
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## Skill Drill 10-15 Insertion of a King LT Airway

<b>Task:</b> Insert a King LT airway.					
<b>Performance Observations:</b> The candidate shall be able to correctly insert a King LT airway.					
<b>Candidate Directive:</b> "Properly insert a King LT airway."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Take standard precautions (gloves and face shield at a minimum).				
2.	Preoxygenate the patient with a bag-mask device and 100% oxygen.				
3.	Gather your equipment.				
4.	Place the patient's head in a neutral position unless contraindicated. Open the patient's mouth, and insert the King LT airway in the corner of the mouth.				
5.	Advance the tip behind the base of the tongue while rotating the tube back to midline so the blue line on the device faces the patient's chin. Gently advance the device until the base of the connector is aligned with the teeth or gums. Do not use excessive force. Inflate the cuffs to the recommended amount of air or to just seal the device.				
6.	Attach the tube to the bag-mask device, and confirm tube placement. Once placement is confirmed, secure the tube and begin ventilating the patient.				
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## Skill Drill 10-16 LMA Insertion

<b>Task:</b> Insert an LMA.					
<b>Performance Observations:</b> The candidate shall be able to correctly insert an LMA.					
<b>Candidate Directive:</b> "Properly insert an LMA."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Take standard precautions. Check the cuff of the LMA by inflating it with 50% more air than is required for the size of airway to be used. Then deflate the cuff completely.				
2.	Lubricate the base of the device.				
3.	Preoxygenate the patient before insertion. Ventilation should not be interrupted for more than 30 seconds to accomplish airway placement. Place the patient in the sniffing position.				
4.	Insert your finger between the cuff and the tube. Place the index finger of your dominant hand in the notch between the tube and the cuff. Open the patient's mouth.				
5.	Insert the LMA along the roof of the mouth. Use your finger to push the airway against the hard palate.				
6.	Inflate the cuff with the amount of air indicated for the airway being used.				
7.	Begin to ventilate the patient. Confirm chest rise and the presence of breath sounds. Continuously and carefully monitor the patient.				
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## Skill Drill 10-17 Insertion of a Cobra Perilaryngeal Airway (CobraPLA)

<b>Task:</b> Insert a CobraPLA.					
<b>Performance Observations:</b> The candidate shall be able to correctly insert a CobraPLA.					
<b>Candidate Directive:</b> "Properly insert a CobraPLA."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Take standard precautions. Preoxygenate the patient. Gather, inspect, and prepare your equipment. Fully deflate the cuff of the CobraPLA, and fold back against the breathing tube. Apply a water-soluble lubricant liberally to the front and back of the CobraPLA head and to the cuff. Place the patient's head and neck in the sniffing position. Open the patient's mouth with a scissor maneuver with your nondominant hand, gently pulling the mandible upward. Direct the distal end of the CobraPLA straight back between the tongue and hard palate while lifting the jaw with your other hand.				
2.	Continue advancing the CobraPLA until modest resistance is encountered.				
3.	Inflate the cuff with only enough air to achieve a good seal. Never overinflate the cuff. Ventilate the patient to confirm correct placement and to measure the pressure at which an audible leak occurs. Confirm placement by observing for chest rise and auscultating over the neck, chest, and epigastric region.				
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## Skill Drill 11-1 Treating Shock

<b>Task:</b> Treat shock.					
<b>Performance Observations:</b> The candidate shall be able to correctly treat shock.					
<b>Candidate Directive:</b> "Properly treat shock."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Keep the patient supine, open the airway, and check breathing and pulse.				
2.	Control obvious external bleeding. Apply a tourniquet, if necessary, to achieve rapid control of severe blood loss from extremities.				
3.	Splint the patient on a backboard. Splint any broken bones or joint injuries during transport.				
4.	Administer high-flow oxygen if you have not already done so, and place blankets under and over the patient.				
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## Skill Drill 12-1 Positioning the Patient

<b>Task:</b> Position the patient.					
<b>Performance Observations:</b> The candidate shall be able to correctly position the patient.					
<b>Candidate Directive:</b> "Properly position the patient."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Kneel beside the patient, leaving room to roll the patient toward you. Straighten the limbs to facilitate rolling the patient towards you. Stabilize the cervical spine as appropriate.				
2.	Grasp the patient at the shoulder and hip to prepare to roll the patient. Maintain cervical spine stabilization.				
3.	Move the head and neck as a unit with the torso as your partner pulls on the distant shoulder and hip.				
4.	Move the patient to a supine position with the legs straight and arms at the sides.				
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## Skill Drill 12-2 Performing Chest Compressions

<b>Task:</b> Perform chest compressions.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform chest compressions.					
<b>Candidate Directive:</b> "Properly perform chest compressions."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Place the heel of one hand on the sternum between the nipples.				
2.	Place the heel of your other hand over the first hand.				
3.	With your arms straight, lock your elbows, and position your shoulders directly over your hands. Depress the sternum at least 2" in adults using a direct downward movement. Allow the chest to return to its normal position. Compression and relaxation should be of equal duration.				
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## Skill Drill 12-3 Performing One-Rescuer Adult CPR

<b>Task:</b> Perform one-rescuer adult CPR.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform one-rescuer adult CPR.					
<b>Candidate Directive:</b> "Properly perform one-rescuer adult CPR."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Determine unresponsiveness, and call for help.				
2.	Check for a carotid pulse. If no pulse is found, you have an AED, and you believe the down time is only a few minutes, apply your AED. If the down time was more than 4 to 5 minutes, begin chest compressions for 2 minutes, then apply the AED.				
3.	If there is no pulse and an AED is not available, place your hands in the proper position for chest compressions. Give 30 compressions at a rate of at least 100 per minute.				
4.	Open the airway. If breathing is adequate, place the patient in the recovery position and monitor. If not breathing, give two rescue breaths of 1 second each.				
5.	Give two ventilations of 1 second each. Perform five cycles of chest compressions and ventilations and reassess the patient. Depending on the patient's condition, continue CPR, continue rescue breathing only, or place the patient in the recovery position and monitor breathing and pulse.				
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### Skill Drill 12-4 Performing Two-Rescuer Adult CPR

<b>Task:</b> Perform two-rescuer adult CPR.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform two-rescuer adult CPR.					
<b>Candidate Directive:</b> "Properly perform two-rescuer adult CPR."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Determine unresponsiveness and take positions.				
2.	Check for a carotid pulse. If there is no pulse but an AED is available, apply it now.				
3.	If there is no pulse and an AED is not available or the elapsed time from collapse is greater than 4 to 5 minutes, begin chest compressions at a ratio of 30:2. Once an advanced airway is inserted, rescuers should switch from cycles of CPR to continuously delivered compressions at a rate of at least 100 per minute.				
4.	Open the airway. Check for breathing. If breathing is adequate, place the patient in the recovery position and monitor.				
5.	If not breathing, give two breaths of 1 second each. After 2 minutes, switch rescuer positions to minimize fatigue. Keep switch time to 5 to 10 seconds. Depending on patient condition, continue CPR, continue ventilations only, or place in recovery position and monitor breathing and pulse.				
Retest Approved By: _____			Retest Evaluation: _____		

Evaluator Comments: \_\_\_\_\_

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## Skill Drill 12-5 Performing Infant Chest Compressions

<b>Task:</b> Perform chest compressions on an infant.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform chest compressions on an infant.					
<b>Candidate Directive:</b> "Properly perform chest compressions on an infant."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Position the infant on a firm surface while maintaining the airway. Place two fingers in the middle of the sternum just below a line between the nipples.				
2.	Use two fingers to compress the chest one third the anterior-posterior diameter of the chest at a rate of at least 100 per minute. Allow the sternum to return to its normal position between compressions.				
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Evaluator Comments: \_\_\_\_\_

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### Skill Drill 12-6 Performing CPR on a Child

<b>Task:</b> Perform CPR on a child.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform CPR on a child.					
<b>Candidate Directive:</b> "Properly perform CPR on a child."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Place the child on a firm surface. Place the heel of one or both hands in the center of the chest, in between the nipples, avoiding the xiphoid process.				
2.	Compress the chest one third the anterior-posterior diameter of the chest at a rate of 100 times/min.				
3.	Coordinate compressions with ventilations in a 30:2 ratio (one rescuer) or 15:2 (two rescuers), pausing for ventilations. Open the airway and deliver two rescue breaths.				
4.	If the child resumes effective breathing, place him or her in a position that allows for frequent reassessment of the airway and vital signs during transport.				
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## Skill Drill 14-1 Assisting a Patient With a Metered-Dose Inhaler

<b>Task:</b> Assist a patient with a metered-dose inhaler.					
<b>Performance Observations:</b> The candidate shall be able to correctly assist a patient with a metered-dose inhaler.					
<b>Candidate Directive:</b> "Properly assist a patient with a metered-dose inhaler."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Check to make sure you have the correct medication for the correct patient. Check the expiration date. Ensure inhaler is at room temperature or warmer.				
2.	Remove any mask. Hand the inhaler to the patient. Instruct about breathing and lip seal. Use a spacer if the patient has one.				
3.	Instruct the patient to press the inhaler and inhale one puff. Instruct about breath holding.				
4.	Reapply oxygen. After a few breaths, have the patient repeat the dose if medical control or local protocol allows.				
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## Skill Drill 14-2 Administering Medication With a Small-Volume Nebulizer

<b>Task:</b> Administer medication with a small-volume nebulizer.					
<b>Performance Observations:</b> The candidate shall be able to correctly administer medication with a small-volume nebulizer.					
<b>Candidate Directive:</b> "Properly administer medication with a small-volume nebulizer."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Check to make sure you have the correct medication for the correct patient. Check the expiration date. Confirm you have the correct patient.				
2.	Insert the medication into the container on the nebulizer. In some cases, sterile saline may be added (about 3 mL) to achieve the optimum volume of fluid for the nebulized application.				
3.	Attach the medication container to the nebulizer, mouthpiece, and tubing. Attach oxygen tubing to the oxygen tank. Set the flow meter at 6 L/min.				
4.	Instruct the patient on how to breathe.				
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## Skill Drill 15-1 Administration of Nitroglycerin

<b>Task:</b> Administer nitroglycerin.					
<b>Performance Observations:</b> The candidate shall be able to correctly administer nitroglycerin.					
<b>Candidate Directive:</b> "Properly administer nitroglycerin."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Obtain an order from medical control. Take the patient's blood pressure. Administer nitroglycerin only if the systolic blood pressure is greater than 100 mm Hg.				
2.	Check the medication and expiration date. Ask the patient about the last dose he or she took and its effects. Make sure that the patient understands the route of administration. Prepare to have the patient lie down to prevent fainting.				
3.	Ask the patient to lift his or her tongue. Place the tablet or spray the dose under the tongue (while wearing gloves), or have the patient do so. Have the patient keep his or her mouth closed with the tablet or spray under the tongue until it is dissolved and absorbed. Caution the patient against chewing or swallowing the tablet.				
4.	Recheck the blood pressure within 5 minutes. Record each medication and the time of administration. Reevaluate the chest pain and blood pressure, and repeat treatment if necessary. If protocols allow, consider administering aspirin, and consider oral glucose if the patient is hypoglycemic.				
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## Skill Drill 15-2 AED and CPR

<b>Task:</b> Use an AED and perform CPR.					
<b>Performance Observations:</b> The candidate shall be able to correctly use an AED and perform CPR.					
<b>Candidate Directive:</b> "Properly use an AED and perform CPR."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Assess responsiveness while continuing to perform CPR if it is already in progress. If the patient is unresponsive and CPR has not been started yet, begin providing chest compressions and rescue breaths at a ratio of 30 compressions to 2 breaths, continuing until an AED arrives and is ready for use.				
2.	Turn on the AED. Apply the AED pads to the chest and attach the pads to the AED. Stop CPR.				
3.	Verbally and visually clear the patient. Push the <i>Analyze</i> button, if there is one. Wait for the AED to analyze the cardiac rhythm. If no shock is advised, perform five cycles (2 minutes) of CPR and then reassess the cardiac rhythm. If a shock is advised, recheck that all are clear, and push the <i>Shock</i> button. After the shock is delivered, immediately resume CPR beginning with chest compressions.				
4.	After five cycles (2 minutes) of CPR, reanalyze the cardiac rhythm. Do not interrupt chest compressions for more than 10 seconds.				
5.	If shock is advised, clear the patient, push the <i>Shock</i> button, and immediately resume CPR compressions. If no shock is advised, immediately resume CPR compressions. After five cycles (2 minutes) of CPR, reanalyze the cardiac rhythm. Repeat the cycle of five cycles (2 minutes) of CPR, one shock (if indicated), and 2 minutes of CPR. Transport, and contact medical control as needed.				
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Evaluator Comments: \_\_\_\_\_

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## Skill Drill 18-1 Administering Oral Glucose

<b>Task:</b> Administer oral glucose.					
<b>Performance Observations:</b> The candidate shall be able to correctly administer oral glucose.					
<b>Candidate Directive:</b> "Properly administer oral glucose."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Make sure that the tube of glucose is intact and has not expired.				
2.	Squeeze a generous amount of oral glucose onto the bottom third of a bite stick or tongue depressor.				
3.	Have the patient open his or her mouth. Place the tongue depressor on the mucous membranes between the cheek and the gum with the gel side next to the cheek. Repeat until the entire tube has been used.				
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## Skill Drill 18-2 Administering 50% Dextrose

<b>Task:</b> Administer D <sub>50</sub> .					
<b>Performance Observations:</b> The candidate shall be able to correctly administer D <sub>50</sub> .					
<b>Candidate Directive:</b> "Properly administer D <sub>50</sub> ."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Ensure that the IV line is patent by pulling back on the plunger to see if blood returns through the IV tubing.				
2.	Crimp the IV tubing proximal to the injection port. Depress the plunger slowly to avoid rupturing the vein.				
3.	Recheck after half of the dose has been given by pulling back on the plunger again to check for blood return.				
4.	Flush the IV line by opening the line for a few seconds.				
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Evaluator Comments: \_\_\_\_\_ Candidate Comments: \_\_\_\_\_

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## Skill Drill 24-1 Controlling External Bleeding

<b>Task:</b> Control external bleeding.					
<b>Performance Observations:</b> The candidate shall be able to correctly control external bleeding.					
<b>Candidate Directive:</b> "Properly control external bleeding."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Apply direct pressure over the wound. Elevate the injury above the level of the heart if no fracture is suspected.				
2.	Apply a pressure dressing.				
3.	If direct pressure with a pressure dressing does not control bleeding, apply a tourniquet above the level of the bleeding.				
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## Skill Drill 24-2 Applying a Commercial Tourniquet

<b>Task:</b> Apply a commercial tourniquet.					
<b>Performance Observations:</b> The candidate shall be able to correctly apply a commercial tourniquet.					
<b>Candidate Directive:</b> "Properly apply a commercial tourniquet."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Hold pressure over the bleeding site and place the tourniquet just above the injury.				
2.	Click the buckle into place, pull the strap tight, and turn the tightening dial clockwise until pulses are no longer palpable distal to the tourniquet or until bleeding has been controlled.				
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## Skill Drill 24-3 Applying a Pneumatic Antishock Garment (PASG)

<b>Task:</b> Apply a PASG.					
<b>Performance Observations:</b> The candidate shall be able to correctly apply a PASG.					
<b>Candidate Directive:</b> "Properly apply a PASG."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Rapidly expose and examine the areas to be covered by the PASG. Pad any exposed bone ends. Apply the garment so that the top is below the lowest rib. Close and fasten both leg compartments and the abdominal compartment.				
2.	Open the stopcocks. Auscultate breath sounds for pulmonary edema before inflation of any compartment.				
3.	Inflate with the foot pump until the patient's blood pressure reaches 90 to 100 mm Hg or the fabric fastener crackles. Monitor radial pulses.				
4.	Check the patient's blood pressure again. Monitor vital signs.				
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## Skill Drill 24-4 Controlling Epistaxis

<b>Task:</b> Control epistaxis.					
<b>Performance Observations:</b> The candidate shall be able to correctly control epistaxis.					
<b>Candidate Directive:</b> "Properly control epistaxis."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Position the patient sitting, leaning forward. Apply direct pressure, pinching the fleshy part of the nostrils together.				
2.	Alternative method: Use pressure with a rolled gauze bandage between the upper lip and gum. Calm the patient.				
3.	Apply ice over the nose. Maintain pressure until bleeding is controlled. Provide prompt transport after bleeding stops. Transport immediately if indicated. Assess and treat for shock, including oxygen, as needed.				
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Candidate Comments: \_\_\_\_\_

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## Skill Drill 24-5 Controlling Internal Bleeding

<b>Task:</b> Control possible internal bleeding.					
<b>Performance Observations:</b> The candidate shall be able to correctly control possible internal bleeding.					
<b>Candidate Directive:</b> "Properly control possible internal bleeding."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Follow standard precautions. Maintain the airway and be alert for cervical spine injury. Administer oxygen and provide ventilation as necessary.				
2.	Control obvious external bleeding and treat suspected internal bleeding using a splint.				
3.	Monitor and record vital signs at least every 5 minutes.				
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### Skill Drill 25-1 Stabilizing an Impaled Object

<b>Task:</b> Stabilize an impaled object.					
<b>Performance Observations:</b> The candidate shall be able to correctly stabilize an impaled object.					
<b>Candidate Directive:</b> "Properly stabilize an impaled object."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Do not attempt to move or remove the object.				
2.	Control bleeding, and stabilize the object in place using soft dressings, gauze, and/or tape.				
3.	Tape a rigid item over the stabilized object to protect it from movement during transport.				
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## Skill Drill 25-2 Caring for Burns

<b>Task:</b> Care for burns.					
<b>Performance Observations:</b> The candidate shall be able to correctly care for burns.					
<b>Candidate Directive:</b> "Properly care for burns."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Follow standard precautions to help prevent infection. If safe to do so, remove the patient from the burning area, and extinguish or remove hot clothing and jewelry. If the wound(s) is still burning or hot, immerse the hot area in cool, sterile water, or cover with a wet, cool dressing.				
2.	Provide high-flow oxygen, and continue to assess the airway.				
3.	Estimate the severity of the burn, then cover the area with a dry, sterile dressing or clean sheet. Assess and treat the patient for any other injuries.				
4.	Prepare for transport. Cover the stretcher with a burn sheet prior to placing the patient on it. Treat for shock.				
5.	Cover the patient with blankets to prevent loss of body heat. Transport promptly.				
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## Skill Drill 26-1 Removing a Foreign Object From Under the Upper Eyelid

<b>Task:</b> Remove a foreign object from under the upper eyelid.					
<b>Performance Observations:</b> The candidate shall be able to correctly remove a foreign object from under the upper eyelid.					
<b>Candidate Directive:</b> "Properly remove a foreign object from under the upper eyelid."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Have the patient look down, grasp the upper lashes, and gently pull the lid away from the eye.				
2.	Place a cotton-tipped applicator on the outer surface of the upper lid.				
3.	Pull the lid forward and up, folding it back over the applicator.				
4.	Gently remove the foreign object from the eyelid with a moistened, sterile, cotton-tipped applicator.				
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## Skill Drill 26-2 Stabilizing a Foreign Object Impaled in the Eye

<b>Task:</b> Stabilize a foreign object impaled in the eye.					
<b>Performance Observations:</b> The candidate shall be able to correctly stabilize a foreign object impaled in the eye.					
<b>Candidate Directive:</b> "Properly stabilize a foreign object impaled in the eye."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	To prepare a doughnut ring, wrap a 2" roll around your fingers and thumb seven or eight times. Adjust the diameter by spreading your fingers or squeezing them together.				
2.	Remove the gauze from your hand and wrap the remainder of the gauze roll radially around the ring that you have created.				
3.	Work around the entire ring to form a doughnut.				
4.	Place the dressing over the eye and impaled object to hold the impaled object in place, and then secure it with a roller bandage.				
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## Skill Drill 26-3 Controlling Bleeding From a Neck Injury

<b>Task:</b> Control bleeding from a neck injury.					
<b>Performance Observations:</b> The candidate shall be able to correctly control bleeding from a neck injury.					
<b>Candidate Directive:</b> "Properly control bleeding from a neck injury."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Apply direct pressure to the bleeding site using a gloved fingertip, if necessary, to control bleeding.				
2.	Apply a sterile occlusive dressing to ensure that air does not enter a vein or artery.				
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Candidate: \_\_\_\_\_ Date: \_\_\_\_\_

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## Skill Drill 27-1 Performing Manual In-Line Stabilization

<b>Task:</b> Perform manual in-line stabilization.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform manual in-line stabilization.					
<b>Candidate Directive:</b> "Properly perform manual in-line stabilization."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Kneel behind the patient, and place your hands firmly around the base of the skull on either side.				
2.	Support the lower jaw with your index and long fingers and the head with your palms. Gently move the head into a neutral position, aligned with the torso. Do not move the head or neck excessively, forcefully, or rapidly.				
3.	Continue to support the head manually while your partner places a rigid cervical collar around the neck. Maintain manual support until the patient is secured to a backboard.				
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## Skill Drill 27-2 Immobilizing a Patient to a Long Backboard

<b>Task:</b> Immobilize a patient to a long backboard.					
<b>Performance Observations:</b> The candidate shall be able to correctly immobilize a patient to a long backboard.					
<b>Candidate Directive:</b> "Properly immobilize a patient to a long backboard."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Apply and maintain cervical stabilization. Assess distal functions in all extremities.				
2.	Apply a cervical collar.				
3.	Rescuers kneel on one side of the patient and place hands on the far side of the patient.				
4.	On command, rescuers roll the patient toward themselves, quickly examine the back, slide the backboard under the patient, and roll the patient onto the board.				
5.	Center the patient on the board.				
6.	Secure the upper torso first.				
7.	Secure the pelvis and upper legs.				
8.	Begin to secure the patient's head by using a commercial immobilization device or rolled towels.				
9.	Place tape across the patient's forehead to secure the immobilization device.				
10.	Check all straps and readjust as needed. Reassess distal functions in all extremities.				
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## Skill Drill 27-3 Immobilizing a Patient Found in a Sitting Position

<b>Task:</b> Immobilize a patient found in a sitting position.					
<b>Performance Observations:</b> The candidate shall be able to correctly immobilize a patient found in a sitting position.					
<b>Candidate Directive:</b> "Properly immobilize a patient found in a sitting position."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Stabilize the head and neck in a neutral, in-line position. Assess pulse, motor, and sensory function in each extremity. Apply a cervical collar.				
2.	Insert a short spine immobilization device between the patient's upper back and the seat.				
3.	Open the side flaps and position them around the patient's torso, snug around the armpits.				
4.	Secure the upper torso straps, then the midtorso straps.				
5.	Secure the groin (leg) straps. Check and adjust torso straps.				
6.	Pad between the head and the device as needed. Secure the forehead strap, and fasten the lower head strap around the cervical collar.				
7.	Place a long backboard next to the patient's buttocks, perpendicular to the trunk.				
8.	Turn and lower the patient onto the long board. Lift the patient, and slip the long board under the short board.				
9.	Secure the immobilization devices to each other. Reassess pulse, motor, and sensory functions in each extremity.				
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## Skill Drill 27-4 Immobilizing a Patient Found in a Standing Position

<b>Task:</b> Immobilize a patient found in a standing position.					
<b>Performance Observations:</b> The candidate shall be able to correctly immobilize a patient found in a standing position.					
<b>Candidate Directive:</b> "Properly immobilize a patient found in a standing position."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	While manually stabilizing the head and neck, apply a cervical collar. Position the board behind the patient.				
2.	Position AEMTs at the sides of and behind the patient. AEMTs at the sides reach under the patient's arms and grasp handholds at or slightly above shoulder level.				
3.	Prepare to lower the patient to the ground.				
4.	On command, lower the backboard to the ground as a unit under the direction of the AEMT at the head.				
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## Skill Drill 27-5 Application of a Cervical Collar

<b>Task:</b> Apply a cervical collar.					
<b>Performance Observations:</b> The candidate shall be able to correctly apply a cervical collar.					
<b>Candidate Directive:</b> "Properly apply a cervical collar."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Apply in-line stabilization.				
2.	Measure the proper collar size.				
3.	Place the chin support first.				
4.	Wrap the collar around the neck, and secure the collar.				
5.	Ensure proper fit, and maintain neutral, in-line stabilization until the patient is secured to a backboard.				
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## Skill Drill 27-6 Removing a Helmet

<b>Task:</b> Remove a helmet.					
<b>Performance Observations:</b> The candidate shall be able to correctly remove a helmet.					
<b>Candidate Directive:</b> "Properly remove a helmet."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Kneel at the patient’s head with your partner at one side. Open the face shield to assess airway and breathing. Remove eyeglasses if present.				
2.	Prevent head movement by placing your hands on either side of the helmet and fingers on the lower jaw. Have your partner loosen the strap.				
3.	Have your partner place one hand at the angle of the lower jaw and the other at the occiput.				
4.	Gently slip the helmet about halfway off, then stop.				
5.	Have your partner slide the hand from the occiput to the back of the head to prevent the head from snapping back.				
6.	Remove the helmet, and stabilize the cervical spine. Apply a cervical collar, and secure the patient to a long backboard. Pad as needed to prevent neck flexion or extension.				
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## Skill Drill 30-1 Assessing Neurovascular Status

<b>Task:</b> Assess the neurovascular status.					
<b>Performance Observations:</b> The candidate shall be able to correctly assess the neurovascular status.					
<b>Candidate Directive:</b> "Properly assess the neurovascular status."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Palpate the radial pulse in the upper extremity.				
2.	Palpate the posterior tibial and dorsalis pedis pulse in the lower extremity.				
3.	Assess capillary refill by blanching a fingernail or toenail.				
4.	Assess sensation on the flesh near the tip of the index finger and thumb, as well as the little finger.				
5.	On the foot, first check sensation on the flesh near the tip of the big toe.				
6.	Also check sensation on the lateral side of the foot.				
7.	For an upper extremity injury, evaluate motor function by asking the patient to open the hand. (Perform motor tests only if the hand or foot is not injured. Stop a test if it causes pain.)				
8.	Also ask the patient to make a fist.				
9.	For a lower extremity injury, ask the patient to extend the foot.				
10.	Also have the patient flex the foot and wiggle the toes.				
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## Skill Drill 30-2 Caring for Musculoskeletal Injuries

<b>Task:</b> Care for musculoskeletal injuries.					
<b>Performance Observations:</b> The candidate shall be able to correctly care for musculoskeletal injuries.					
<b>Candidate Directive:</b> "Properly care for musculoskeletal injuries."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Cover open wounds with a dry, sterile dressing, and apply direct pressure to control bleeding. If bleeding cannot be controlled, proceed to the use of a tourniquet.				
2.	Assess the pulse and motor and sensory functions. Apply a splint, and elevate the extremity about 6" (slightly above the level of the heart).				
3.	Apply cold packs if there is swelling, but do not place them directly on the skin.				
4.	Position the patient for transport, and secure the injured area.				
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## Skill Drill 30-3 Applying a Rigid Splint

<b>Task:</b> Apply a rigid splint.					
<b>Performance Observations:</b> The candidate shall be able to correctly apply a rigid splint.					
<b>Candidate Directive:</b> "Properly apply a rigid splint."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Assess the pulse and motor and sensory functions. Have your partner provide gentle support and in-line traction of the limb.				
2.	Place the splint alongside or under the limb. Pad between the limb and the splint as needed to ensure even pressure and contact.				
3.	Secure the splint to the limb with bindings.				
4.	Assess and record distal neurovascular function.				
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## Skill Drill 30-4 Applying a Zippered Air Splint

<b>Task:</b> Apply a zippered air splint.					
<b>Performance Observations:</b> The candidate shall be able to correctly apply a zippered air splint.					
<b>Candidate Directive:</b> "Properly apply a zippered air splint."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Assess the pulse and motor and sensory functions. Support the injured limb and apply gentle traction as your partner applies the open, deflated splint.				
2.	Zip the splint, inflate it by pump or by mouth, and test the pressure. Check and record distal neurovascular function.				
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## Skill Drill 30-5 Applying an Unzippered Air Splint

<b>Task:</b> Apply an unzippered air splint.					
<b>Performance Observations:</b> The candidate shall be able to correctly apply an unzippered air splint.					
<b>Candidate Directive:</b> "Properly apply an unzippered air splint."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Assess the pulse and motor and sensory functions. Your partner supports the injured limb. Place your arm through the splint to grasp the patient's hand or foot.				
2.	Apply gentle traction while sliding the splint onto the injured limb.				
3.	Your partner inflates the splint.				
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## Skill Drill 30-6 Applying a Vacuum Splint

<b>Task:</b> Apply a vacuum splint.					
<b>Performance Observations:</b> The candidate shall be able to correctly apply a vacuum splint.					
<b>Candidate Directive:</b> "Properly apply a vacuum splint."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Assess the pulse and motor and sensory functions. Your partner stabilizes and supports the injury.				
2.	Place the splint and wrap it around the limb.				
3.	Draw the air out of the splint through the suction valve, and then seal the valve.				
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## Skill Drill 30-7 Applying a Hare Traction Splint

<b>Task:</b> Apply a Hare traction splint.					
<b>Performance Observations:</b> The candidate shall be able to correctly apply a Hare traction splint.					
<b>Candidate Directive:</b> "Properly apply a Hare traction splint."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Expose the injured limb and check the pulse and motor and sensory functions. Place the splint beside the uninjured limb, adjust the splint to the proper length, and prepare the straps.				
2.	Support the injured limb as your partner fastens the ankle hitch about the foot and ankle.				
3.	Continue to support the limb as your partner applies gentle in-line traction to the ankle hitch and foot.				
4.	Slide the splint into position under the injured limb while your partner supports the heel and underneath the calf.				
5.	Pad the groin and fasten the ischial strap.				
6.	Connect the loops of the ankle hitch to the end of the splint as your partner continues to maintain traction. Carefully tighten the ratchet to the point that the splint holds adequate traction.				
7.	Secure and check support straps. Assess pulse and motor and sensory functions.				
8.	Secure the patient and splint to the backboard in a way that will prevent movement of the splint during patient movement and transport.				
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## Skill Drill 30-8 Applying a Sager Traction Splint

<b>Task:</b> Apply a Sager traction splint.					
<b>Performance Observations:</b> The candidate shall be able to correctly apply a Sager traction splint.					
<b>Candidate Directive:</b> "Properly apply a Sager traction splint."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	After exposing the injured area, check the patient's pulse and motor and sensory functions. Adjust the thigh strap so that it lies anteriorly when secured.				
2.	Estimate the proper length of the splint by placing it next to the injured limb. Fit the ankle pads to the ankle.				
3.	Place the splint at the inner thigh, apply the thigh strap at the upper thigh, and secure snugly.				
4.	Tighten the ankle harness just above the malleoli. Snug the cable ring against the bottom of the foot.				
5.	Extend the splint's inner shaft to apply traction of about 10% of body weight.				
6.	Secure the splint with elasticized cravat bandages.				
7.	Secure the patient to a long backboard. Check the pulse and motor and sensory functions.				
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## Skill Drill 30-9 Splinting the Hand and Wrist

<b>Task:</b> Splint the hand and wrist.					
<b>Performance Observations:</b> The candidate shall be able to correctly splint the hand and wrist.					
<b>Candidate Directive:</b> "Properly splint the hand and wrist."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Assess pulse and motor and sensory functions. Support the injured limb and move the hand into the position of function. Place a soft roller bandage in the palm.				
2.	Apply a padded board splint on the palmar side with fingers exposed.				
3.	Secure the splint with a roller bandage.				
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## Skill Drill 31-1 Treating for Heat Exhaustion

<b>Task:</b> Treat for heat exhaustion.					
<b>Performance Observations:</b> The candidate shall be able to correctly treat for heat exhaustion.					
<b>Candidate Directive:</b> "Properly treat for heat exhaustion."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Move the patient to a cooler environment. Remove extra clothing.				
2.	Give oxygen. Place the patient in a supine position, elevate the legs, and fan the patient.				
3.	Establish IV access. Administer normal saline fluid boluses of 20 mL/kg as needed if the patient is nauseated or unable to take fluid by mouth.				
4.	If the patient is nauseous or nausea develops, secure and transport on his or her side.				
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## Skill Drill 31-2 Stabilizing a Suspected Spinal Injury in the Water

<b>Task:</b> Stabilize a suspected spinal injury in the water.					
<b>Performance Observations:</b> The candidate shall be able to correctly stabilize a suspected spinal injury in the water.					
<b>Candidate Directive:</b> "Properly stabilize a suspected spinal injury in the water."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Turn the patient to a supine position by rotating the entire upper half of the body as a single unit.				
2.	As soon as the patient is turned, begin artificial ventilation using the mouth-to-mouth method or a pocket mask.				
3.	Float a buoyant backboard under the patient.				
4.	Secure the patient to the backboard.				
5.	Remove the patient from the water, and move to a safe distance where you can complete further treatment.				
6.	Cover the patient with a blanket and apply oxygen if breathing. Begin CPR with chest compressions if breathing and pulse are absent.				
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## Skill Drill 32-1 Delivering a Newborn

<b>Task:</b> Deliver a newborn.					
<b>Performance Observations:</b> The candidate shall be able to correctly deliver a newborn.					
<b>Candidate Directive:</b> "Properly deliver a newborn."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Support the bony parts of the head with your hands as it emerges. Suction fluid from the mouth, then the nostrils.				
2.	As the upper part of the shoulder appears, guide the head down slightly, if needed, to help deliver the shoulder.				
3.	Support the head and upper body as the lower part of the shoulder delivers, guiding the head up if needed.				
4.	Handle the newborn firmly but gently, keeping the neck in neutral position to maintain the airway. Keep the newborn approximately at the level of the vagina until the umbilical cord has been cut.				
5.	Place the umbilical cord clamps 2" to 4" apart, and cut between them.				
6.	Allow the placenta to deliver itself. Never pull on the cord to speed up placental delivery.				
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## Skill Drill 32-2 Giving Chest Compressions to a Newborn

<b>Task:</b> Give chest compressions to a newborn.					
<b>Performance Observations:</b> The candidate shall be able to correctly give chest compressions to a newborn.					
<b>Candidate Directive:</b> "Properly give chest compressions to a newborn."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Find the proper position: just below the nipple line, middle of the lower third of the sternum.				
2.	Wrap your hands around the body, with your thumbs resting at that position. Press your thumbs gently against the sternum, compressing to a depth that is at least one third the anterior-posterior diameter of the chest. Deliver compressions and ventilations in a 3:1 ratio.				
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## Skill Drill 33-1 Positioning the Airway in a Pediatric Patient

<b>Task:</b> Position the airway in a pediatric patient.					
<b>Performance Observations:</b> The candidate shall be able to correctly position the airway in a pediatric patient.					
<b>Candidate Directive:</b> "Properly position the airway in a pediatric patient."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Position the pediatric patient on a firm surface.				
2.	Place a folded towel about 1" thick under the shoulders and back.				
3.	Immobilize the forehead to limit movement and use the head tilt-chin lift maneuver to open the airway.				
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## Skill Drill 33-2 Inserting an Oropharyngeal Airway in a Pediatric Patient

<b>Task:</b> Insert an oropharyngeal airway in a pediatric patient.					
<b>Performance Observations:</b> The candidate shall be able to correctly insert an oropharyngeal airway in a pediatric patient.					
<b>Candidate Directive:</b> "Properly insert an oropharyngeal airway in a pediatric patient."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Determine the appropriately sized airway. Confirm the correct size visually, by placing it next to the pediatric patient's face.				
2.	Position the child's airway with the appropriate method.				
3.	Open the mouth. Depress the tongue with a tongue blade. Insert the airway directly over the tongue blade until the flange rests against the lips. Reassess the airway.				
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## Skill Drill 33-3 Inserting a Nasopharyngeal Airway in a Pediatric Patient

<b>Task:</b> Insert a nasopharyngeal airway in a pediatric patient.					
<b>Performance Observations:</b> The candidate shall be able to correctly insert a nasopharyngeal airway in a pediatric patient.					
<b>Candidate Directive:</b> "Properly insert a nasopharyngeal airway in a pediatric patient."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Determine the correct airway size by comparing its diameter to the opening of the nostril (naris). Place the airway next to the pediatric patient's face to confirm correct length. Position the airway appropriately.				
2.	Lubricate the airway. Insert the tip into the right naris with the bevel pointing toward the septum.				
3.	Carefully move the tip forward until the flange rests against the outside of the nostril. Reassess the airway.				
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## Skill Drill 33-4 One-Person Bag-Mask Device Ventilation on a Child

<b>Task:</b> Perform one-person bag-mask device ventilation on a child.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform one-person bag-mask device ventilation on a child.					
<b>Candidate Directive:</b> "Properly perform one-person bag-mask device ventilation on a child."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Open the airway and insert the appropriate airway adjunct.				
2.	Hold the mask on the patient's face with a one-handed head tilt-chin lift technique (E-C grip). Ensure a good mask-to-face seal while maintaining the airway.				
3.	Squeeze the bag using the correct ventilation rate of 12 to 20 breaths/min. Allow adequate time for exhalation.				
4.	Assess effectiveness of ventilation by watching bilateral rise and fall of the chest.				
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## Skill Drill 33-5 Pediatric IO Access and Infusion

<b>Task:</b> Establish an IO infusion in a pediatric patient.					
<b>Performance Observations:</b> The candidate shall be able to correctly establish an IO infusion in a pediatric patient.					
<b>Candidate Directive:</b> "Properly establish an IO infusion in a pediatric patient."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Check selected IV fluid for proper fluid, clarity, and expiration date. Select the appropriate equipment, including an IO needle, syringe, saline, and extension.				
2.	Select the proper administration set. Connect the administration set to the bag. Prepare the administration set. Prepare the syringe and extension tubing.				
3.	Cut or tear the tape. Take standard precautions. Identify the proper anatomic site for IO puncture.				
4.	Cleanse the site appropriately. Stabilize the tibia. Insert the needle at the proper angle. Advance the needle with a twisting motion until a "pop" is felt.				
5.	Unscrew the cap, and remove the stylet from the needle.				
6.	Attach the syringe and extension set to the IO needle. Pull back on the syringe to aspirate blood and particles of bone marrow to ensure placement. Slowly inject saline to ensure proper placement of the needle. Watch for infiltration, and stop the infusion immediately if noted. Connect the administration set, and adjust the flow rate as appropriate.				
7.	Secure the needle with tape, and support it with a bulky dressing. Dispose of the needle in the proper container.				
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## Skill Drill 33-6 Immobilizing a Pediatric Patient

<b>Task:</b> Immobilize a pediatric patient.					
<b>Performance Observations:</b> The candidate shall be able to correctly immobilize a pediatric patient.					
<b>Candidate Directive:</b> "Properly immobilize a pediatric patient."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Use a towel under the back, from the shoulders to the hips, to maintain the head in a neutral position.				
2.	Apply an appropriately sized cervical collar.				
3.	Log roll the child onto the immobilization device.				
4.	Secure the torso first.				
5.	Secure the head.				
6.	Ensure that the child is strapped in properly.				
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## Skill Drill 33-7 Immobilizing a Patient in a Car Seat

<b>Task:</b> Immobilize a patient in a car seat.					
<b>Performance Observations:</b> The candidate shall be able to correctly immobilize a patient in a car seat.					
<b>Candidate Directive:</b> "Properly immobilize a patient in a car seat."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Carefully stabilize the patient's head in a neutral position.				
2.	Place an appropriately sized cervical collar on the patient if available. Otherwise, place rolled towels or padding alongside the patient.				
3.	Carefully secure the padding, using tape to keep it in place.				
4.	Secure the car seat to the stretcher.				
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# Skill Drill 33-8 Immobilizing a Patient Out of a Car Seat

<b>Task:</b> Immobilize a patient out of a car seat.					
<b>Performance Observations:</b> The candidate shall be able to correctly immobilize a patient out of a car seat.					
<b>Candidate Directive:</b> "Properly immobilize a patient out of a car seat."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Stabilize the head in neutral position.				
2.	Place an immobilization device between the patient and the surface he or she is resting on.				
3.	Slide the patient onto the board.				
4.	Place a towel under the back, from the shoulders to the hips, to ensure neutral head position.				
5.	Secure the torso first; pad any voids.				
6.	Secure the head to the board.				
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## Skill Drill 35-1 Suctioning and Cleaning a Tracheostomy Tube

<b>Task:</b> Suction and clean a tracheostomy tube.					
<b>Performance Observations:</b> The candidate shall be able to correctly suction and clean a tracheostomy tube.					
<b>Candidate Directive:</b> "Properly suction and clean a tracheostomy tube."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Remove the inner cannula, and place the device to soak in the proper solution.				
2.	Attach the catheter to negative pressure. Check the suction, and clear the catheter by drawing up a small amount of saline.				
3.	Have the patient take a deep breath or preoxygenate him or her using the ventilator.				
4.	Insert the catheter into the trachea without suction. Apply intermittent suction while removing the catheter. Repeat as necessary.				
5.	Clean the inner cannula with the tracheostomy brush, rinse, and replace and lock into place.				
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## Skill Drill 36-1 Performing the Power Lift

<b>Task:</b> Perform the power lift.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform the power lift.					
<b>Candidate Directive:</b> "Properly perform the power lift."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Lock your back into an upright curve. Spread and bend your legs. Grasp the back-board, palms up and just in front of you. Balance and center the weight between your arms.				
2.	Position your feet, straddle the object, and distribute weight.				
3.	Lift by straightening your legs, keeping your back locked in.				
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## Skill Drill 36-2 Performing the Diamond Carry

<b>Task:</b> Perform the diamond carry.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform the diamond carry.					
<b>Candidate Directive:</b> "Properly perform the diamond carry."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Position yourselves facing the patient and, when the command is given, lift the patient in one smooth move.				
2.	The AEMTs at the side each turn the head-end hand palm down and release the other hand.				
3.	The AEMTs at the side turn toward the foot end. The AEMT at the foot turns to face forward.				
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## Skill Drill 36-3 Performing the One-Handed Carrying Technique

<b>Task:</b> Perform the one-handed carrying technique.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform the one-handed carrying technique.					
<b>Candidate Directive:</b> "Properly perform the one-handed carrying technique."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Face each other, and use both hands.				
2.	Lift the backboard to carrying height.				
3.	Turn in the direction you will walk, and switch to using one hand.				
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### Skill Drill 36-4 Using a Stair Chair

<b>Task:</b> Use a stair chair.					
<b>Performance Observations:</b> The candidate shall be able to correctly use a stair chair.					
<b>Candidate Directive:</b> "Properly use a stair chair."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Position and secure the patient on the chair with straps.				
2.	Take your places at the head and foot of the chair.				
3.	A third rescuer "backs up" the rescuer carrying the foot.				
4.	Lower the chair to roll on landings and for transfer to the stretcher.				
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## Skill Drill 36-5 Carrying a Patient on Stairs

<b>Task:</b> Carry a patient on stairs.					
<b>Performance Observations:</b> The candidate shall be able to correctly carry a patient on stairs.					
<b>Candidate Directive:</b> "Properly carry a patient on stairs."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Strap the patient securely. Make sure one strap is tight across the upper torso, under the arms, and secured to the handles to prevent the patient from sliding.				
2.	Carry the patient down stairs with the foot end first, head elevated.				
3.	Carry the head end first going up stairs, always keeping the head elevated.				
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## Skill Drill 36-7 One-Rescuer Technique for Removing an Unresponsive Patient From a Vehicle

<b>Task:</b> Remove an unresponsive patient from a car.					
<b>Performance Observations:</b> The candidate shall be able to correctly remove an unresponsive patient from a car.					
<b>Candidate Directive:</b> "Properly remove an unresponsive patient from a car."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Grasp the patient under the arms.				
2.	Lower the patient into a supine position.				
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Evaluator Comments: \_\_\_\_\_ Candidate Comments: \_\_\_\_\_


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## Skill Drill 36-8 Performing the Rapid Extrication Technique

<b>Task:</b> Perform the rapid extrication technique.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform the rapid extrication technique.					
<b>Candidate Directive:</b> "Properly perform the rapid extrication technique."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	The first AEMT provides manual in-line support of the head and cervical spine.				
2.	The second AEMT gives commands, applies a cervical collar, and performs the primary assessment.				
3.	The second AEMT supports the torso. The third AEMT frees the patient's legs from the pedals and moves the legs together, without moving the pelvis or spine.				
4.	The second and third AEMTs rotate the patient as a unit in several short, coordinated moves. The first AEMT (relieved by the fourth AEMT or a bystander as needed) supports the patient's head and neck during rotation (and later steps).				
5.	The first (or fourth) AEMT places the backboard on the seat against the patient's buttocks.				
6.	The third AEMT moves to an effective position for sliding the patient. The second and third AEMTs slide the patient along the backboard in coordinated 8" to 12" moves until the patient's hips rest on the backboard.				
7.	The third AEMT exits the vehicle and moves to the backboard opposite the second AEMT, and they continue to slide the patient until the patient is fully on the backboard.				
8.	The first (or fourth) AEMT continues to stabilize the head and neck while the second and third AEMTs carry the patient away from the vehicle and onto the prepared stretcher.				
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### Skill Drill 36-10 Extremity Lift

<b>Task:</b> Perform the extremity lift.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform the extremity lift.					
<b>Candidate Directive:</b> "Properly perform the extremity lift."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	The patient's hands are crossed over the chest. The first AEMT grasps the patient's wrists or forearms and pulls the patient to a sitting position.				
2.	The second AEMT moves to a position between the patient's legs, facing in the same direction as the patient, and places his or her hands under the knees.				
3.	Both AEMTs rise to a crouching position. On command, both lift and begin to move.				
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## Skill Drill 36-11 Direct Carry

<b>Task:</b> Perform a direct carry.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform a direct carry.					
<b>Candidate Directive:</b> "Properly perform a direct carry."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Place the stretcher parallel to the bed with the foot of the stretcher at the head of the bed. Secure the stretcher to prevent movement. While facing the patient, slide one arm under the patient's neck and cup the patient's shoulder. Your partner should slide his or her hand under the patient's hip and lift slightly. You should then slide your other arm under the patient's back, and your partner should place both arms underneath the patient's hips and calves.				
2.	Lift the patient in a smooth, coordinated manner. Slowly walk the patient around, and position him or her over the stretcher.				
3.	Slowly and gently lower the patient onto the stretcher.				
<b>Retest Approved By:</b>			<b>Retest Evaluation:</b>		

Evaluator Comments: \_\_\_\_\_

Candidate Comments: \_\_\_\_\_

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Candidate: \_\_\_\_\_ Date: \_\_\_\_\_

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## Skill Drill 36-12 Draw Sheet Method

<b>Task:</b> Perform the draw sheet method.					
<b>Performance Observations:</b> The candidate shall be able to correctly perform the draw sheet method.					
<b>Candidate Directive:</b> "Properly perform the draw sheet method."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Log roll the patient onto a sheet or blanket.				
2.	Bring the stretcher in parallel to the bed. Secure the stretcher. Gently pull the patient to the edge of the bed.				
3.	Make sure the patient is centered in the sheet, and tightly roll up excess fabric on each side. Transfer the patient to the stretcher.				
Retest Approved By: _____			Retest Evaluation: _____		

Evaluator Comments: \_\_\_\_\_

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## Skill Drill 36-13 Using a Scoop Stretcher

<b>Task:</b> Use a scoop stretcher.					
<b>Performance Observations:</b> The candidate shall be able to correctly use a scoop stretcher.					
<b>Candidate Directive:</b> "Properly use a scoop stretcher."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Adjust the length of the stretcher, if adjustable.				
2.	Lift the patient slightly, and slide the stretcher into place, one side at a time.				
3.	Lock the stretcher ends together, avoiding pinching the patient.				
4.	Secure the patient to the scoop stretcher, and transfer to the stretcher.				
Retest Approved By: _____			Retest Evaluation: _____		

Evaluator Comments: \_\_\_\_\_

Candidate Comments: \_\_\_\_\_

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Candidate: \_\_\_\_\_ Date: \_\_\_\_\_

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## Skill Drill 36-14 Lifting a Patient From the Ground

<b>Task:</b> Lift a patient from the ground using a blanket.					
<b>Performance Observations:</b> The candidate shall be able to correctly lift a patient from the ground using a blanket.					
<b>Candidate Directive:</b> "Properly lift a patient from the ground using a blanket."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Log roll the patient onto a blanket.				
2.	Lift the blanket, and transfer the patient to the stretcher.				
Retest Approved By: _____			Retest Evaluation: _____		

Evaluator Comments: \_\_\_\_\_

Candidate Comments: \_\_\_\_\_

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Evaluator	Date
Retest Evaluator	Date

Candidate	Date
Retest Candidate	Date

Candidate: \_\_\_\_\_ Date: \_\_\_\_\_

ID#: \_\_\_\_\_

## Skill Drill 36-15 Moving a Patient From a Chair to a Wheelchair

<b>Task:</b> Move a patient from a chair to a wheelchair.					
<b>Performance Observations:</b> The candidate shall be able to correctly move a patient from a chair to a wheelchair.					
<b>Candidate Directive:</b> "Properly move a patient from a chair to a wheelchair."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Slide your arms through the patient's armpits, and grasp the patient's crossed fore-arms. The second AEMT grasps the patient's legs at the knees.				
2.	Gently lift the patient into the locked wheelchair.				
Retest Approved By: _____			Retest Evaluation: _____		

Evaluator Comments: \_\_\_\_\_ Candidate Comments: \_\_\_\_\_


<b>Evaluator</b>	<b>Date</b>	<b>Candidate</b>	<b>Date</b>
<b>Retest Evaluator</b>	<b>Date</b>	<b>Retest Candidate</b>	<b>Date</b>

Candidate: \_\_\_\_\_ Date: \_\_\_\_\_

ID#: \_\_\_\_\_

## Skill Drill 36-16 Loading a Stretcher Into an Ambulance

<b>Task:</b> Load a stretcher into an ambulance.					
<b>Performance Observations:</b> The candidate shall be able to correctly load a stretcher into an ambulance.					
<b>Candidate Directive:</b> "Properly load a stretcher into an ambulance."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Tilt the head of the stretcher upward, and place it into the patient compartment with the wheels on the floor.				
2.	The second rescuer on the side of the stretcher releases the undercarriage lock and lifts the undercarriage.				
3.	Roll the stretcher into the back of the ambulance.				
4.	Secure the stretcher to the clamps mounted in the ambulance.				
Retest Approved By: _____			Retest Evaluation: _____		

Evaluator Comments: \_\_\_\_\_

Candidate Comments: \_\_\_\_\_

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