

State Health Standard(s)
NHES #1
NHES #2–6
Grade Time Allotted
Essential Question
 Performance Objectives What do you want the students to know and be able to do? Standards Performance indicators Performance indicators with infused content
2. Assessment How will you know that your students have achieved the performance objectives?
3. Procedure (activities, strategies, etc.) How are you going to achieve the performance objectives?
4. How can I improve this lesson? Homework
Interdisciplinary Connections
Opportunities for Parental Participation
Opportunities for Parental/Community Involvement
Teacher Resources Needed
Student Resources Needed

Adapted from Wiggins, G. M. (2005). *Understanding by Design, Expanded 2nd Edition*. Alexandria: Association for Supervision and Curriculum Development. p. 22.

