

Similarities Between the *Healthy People 2010* Leading Health Indicators and the CDC Risk Factors

Healthy People 2010 Leading Health Indicators	CDC Risk Factors
Physical Activity	Inadequate Physical Activity
Overweight and Obesity	Poor Nutrition
Tobacco Use	Tobacco Use
Substance Abuse	Alcohol and Other Drug Use
Responsible Sexual Behavior	Risky Sexual Behavior
Mental Health	
Injury and Violence	Injury and Violence (including suicide)
Environmental Quality	
Immunization	
Access to Health Care (Office of Disease Prevention and Health Promotion)	
<p>Sources: Office of Disease Prevention & Health Promotion, U.S. Department of Health and Human Services. <i>What are the Leading Health Indicators?</i> Healthy people 2010. Available: http://www.healthypeople.gov/LHI/lhiwhat.htm. Accessed November 22, 2010.; Joint Committee on Health Education Standards. (2007). <i>National Health Education Standards, Second Edition, Achieving Excellence</i>. Atlanta: American Cancer Society, p. 11.</p>	

