

Ulnomeniscotriquetral dorsal glide

1. Patient is seated with elbow on table, the forearm is in neutral.
2. Examiner places thumb over head of distal ulna.
3. Examiner then places radial side of index proximal interphalangeal (PIP) joint over palmar surface of patient's pisotriquetral complex. Examiner squeezes thumb and index finger together, creating dorsal glide of the pisotriquetral complex.
4. (+) test if patient's symptoms are reproduced or excessive joint laxity is perceived compared to the other side.

Reliability	Sensitivity	Specificity	+LR	-LR
NT	66	64	1.69	0.56

LaStayo P, et al. Clinical provocative tests used in evaluating wrist pain: A descriptive study. *J Hand Ther.* 1995;8:10–17.



FIGURE 10-26 Ulnomeniscotriquetral Dorsal Glide

De Quervain's Tenosynovitis (APL and EPB)

Prevalence	Symptoms	DSM/Signs	TBC/Special Tests
<p>New computer users¹</p> <p>Hand/arm symptoms: 39%¹</p> <p>Hand/arm disorders: 21%¹</p> <p>47% had Dequervain's¹</p> <p>Risk factors Gender, prior history of H/A pain, prior computer use, and children at home were associated with either H/A MSS or MSD¹</p>	<p>Wrist pain radiating into the forearm and thumb²</p> <p>H/A—Hand or arm MSS—Musculoskeletal symptoms MSD—Musculoskeletal disorders</p>	<p>Gripping Ulnar and radial deviation</p> <p>Localized tenderness and swelling in the region of the styloid process of the radius²</p> <p>Decreased 1st CMC abduction²</p> <p>Palpable thickening of the extensor sheath and tendons distal to the extensor tunnel²</p> <p>Crepitus of tendons moving through the extensor sheath²</p>	<p>Stabilize Splint for the minimally affected</p> <p>Mobilization Mobilization with movements³ Cervical central PAs and unilateral PAs¹ Carpal mobilization¹ Neural mobilization¹</p> <p>Extensor pollicis brevis resistance > Abductor pollicis longus resistance Finkelstein's Test</p>

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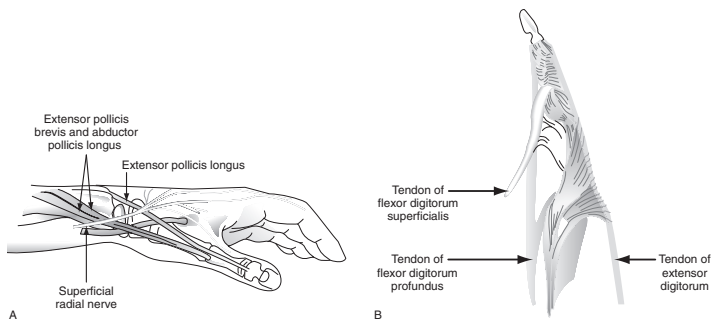


FIGURE 10-27 (A) Tendons of the Thumb; (B) Tendons of the Finger

Souza, TA. *Differential Diagnosis and Management for the Chiropractor: Protocols and Algorithms.* © 2009 Jones & Bartlett Publishers, LLC